11-4-1991

Crow's Nest: 1991: 11: 04

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USF Experts Agree Safe Boating is No Accident

Editor's Note: Cliff Bare is a licensed Captain and Recreation Supervisor at USF St. Petersburg. He is also a Red Cross certified Instructor Trainer.
Dr. Diane McKinstry is a counseling psychologist and Director of Counseling and Career Development at USF St. Petersburg.
This article is printed in recognition of National Collegiate Alcohol Awareness Week and "Red Ribbon" Week: Drug Free and Proud. Both were celebrated recently.

by Cliff Bare and Diane McKinstry

Aah, this is what Florida is all about: warm salt spray, the breeze off the Gulf, and the sun streaming down as you cruise off shore in your boat.

With the increasing number of residents moving into Florida's coastal areas, however, there is an ever increasing number of vessels operating on the near coastal waters. Unfortunately, the more boating traffic, the greater the number of inexperienced and uninformed boaters who can invite disaster by being inattentive or by consuming excessive alcohol.

The excitement and thrill of being on the water and the social environment on board can divert a boat operator's attention and cause distractions. A vessel operator is asking for trouble if he or she does not use good common sense and keep a proper lookout. Boats, after all, have no brakes.

In addition to operating at a safe and reasonable speed, the following factors should be taken into consideration to avoid accidents:

1. The state of visibility
2. The traffic density
3. The maneuverability of the vessel
4. Background lighting at night
5. State of sea, wind, current, and navigational hazards
6. Water depth and vessel draft

Operator awareness, however, is the single most important factor in alleviating boating accidents.

Intoxicating substances affect awareness. Alcohol, for example, takes only 30 seconds to reach the brain after ingestion. Although for the average person one drink (12 ounces of beer = five ounces of wine = 1 1/2 ounces of whiskey) will result in feelings of relaxation, alcohol will have different effects on different people or on the same person from one occasion to another. Even a blood alcohol level of .05 percent will slow reaction time, impair coordination and alter mood and judgement. Above this level, the chances of a boating accident are greatly increased as vision and coordination are more seriously impaired. In Florida, a person with a blood alcohol level above .10 percent is legally intoxicated and can be charged for operating a boat in the state waters.

In a 1989 study of boating fatalities, the U.S. Coast Guard reported that 51 percent of fatalities had a blood alcohol content of .04 percent or more. Blood alcohol levels of .10 percent were found in 31 percent of the fatalities. These figures suggest that a person's ability to safely manage the challenges of operating a boat may be adversely affected well before he or she is considered legally intoxicated. Balance can be

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Safe Boating (from front page)

one of the first abilities adversely affected by alcohol, and most people killed in boating accidents fall from the boat and drown. The Florida Marine Patrol teaches that a drunk person cannot swim, no matter how well he or she swims when sober.

To continue to safely enjoy your boat and our beautiful waters, consider the following safe boating tips:

* Know the rules of the road. Take a safe boating class offered by the Red Cross, the Coast Guard Auxiliary or the Power Squadron.
* Make sure your boat is equipped with all necessary safety equipment that is accessible, and that you and your passengers know how to use it.
* If you are at the helm, ideally you should not drink. If you do, use common sense and good judgement. Limit your drinking to one drink per hour or less. Never let an intoxicated person operate your boat.
* Know your boat’s limit and do not exceed it.
* Educate your passengers on boat safety. Encourage them to wear life preservers if that makes them feel more comfortable.
* Recognize when you are tired and don’t overdo it. Fatigue makes it easier to make mistakes.

Spotlight on

The USF Bookstore

By Lisa Wharton
Crow’s Nest Coordinator

The USF Bookstore, located in Coquina Hall, not only provides textbooks for each semester but offers students a wide range of supplies, cards, and gifts. Graduation regalia will be available for pick-up by Semester I graduates December 5 through the 17. If you did not fill out a request form, contact the Bookstore as soon as possible to reserve your cap and gown.

To order your USF ring, see the ArtCarved representative in the Davis Hall lobby on November 6 and 7 from noon until 6:00 pm. During these "Ring Days," a special discount is usually available. Ring orders placed on the 6th or 7th will be available in time for Christmas.

The Bookstore also carries a large variety of gift items. Choose from an attractive array of USF t-shirts, sweatshirts, coffee mugs, backpacks, and license plates. Do your Christmas shopping here and show support for your school at the same time!

A full range of greeting cards are also available. So you need look no further for that birthday, holiday or special card.

You will also find a full selection of notebooks, writing utensils, and computer supplies. The USF Bookstore is open from 9:00 am to 6:00 pm Monday through Thursday and from 9:00 am to 5:00 pm on Friday.
### THIS WEEK ON CAMPUS

**Monday, November 4**
A workshop on Resume Writing is given from 4:30 to 6:00 pm in DAV-115. Resume types, formats and actual resume components will be discussed.

The Clubs and Organizations Council (COC) meets at 5:00 pm in CAC-133.

**Wednesday, November 6**
The Student Education Association (SEA) sponsors a Toy Fair to raise funds for its service project. See booth in DAV-Lobby.

**USF St. Petersburg Lecture Series** presents "Living Beyond Fear." Dr. John E. Pickens, Jr., a former member of the Flying Tigers, discusses how he overcame the fear of failure. Noon in DAV-130.

The third in a three-session workshop on Career Decision-Making is scheduled for students who want an in depth look at their career options. 4:00 to 6:00 pm in DAV-115.

**USF St. Petersburg Student Government** meets at 5:00 pm in the Campus Activities Center. Meeting are open to all students, staff and faculty.

**Thursday, November 7**
Information Systems Association meets at 5:00 pm in CAC-133.

**Codependent No More**, a three-session workshop on codependency, relationships and recovery continues in DAV-115 from 4:00 to 6:00 pm.

**Bayboro Geographic Society** meets at noon in DAV-217. Dorothy Hopkins of the U.S. Geological Survey speaks about job opportunities in the USGS.

**Friday, November 8**
Wellaware!, a six-session wellness course, continues from 10:00 am to noon in DAV-115. The final in this series. This course focuses on ways to make a commitment to a healthier lifestyle.

A College and Career Planning Workshop is given for students who are unsure of their major. Information about academic programs and admission is also provided. 4:00 to 5:00 pm in DAV-115.

**Saturday, November 9**
The Second Annual USF Alumni Golf Tournament is held at Bardmoor Country Club. Four person scramble: $60 per person; $300 per corporate team. Contact the Alumni Office at 893-9160.

**Sunday, November 10**
A Cello and Piano Concert is held at 2:00 pm in DAV-130. USF music instructors, Prof. Theresa Villani and Prof. Jacques Linder perform selections from Bartok, Rachmaninoff, Beethoven and others. Free.

**Monday, November 11**
The campus is closed in the honor of Veterans Day.

**Tuesday, November 12**
**USF St. Petersburg Lecture Series** presents "The New South Africa." Dr. Michael Dejongh, Chairman of the Anthropology Department at the University of South Africa in Pretoria, speaks about the changes he sees in his native South Africa. 7:00 pm in DAV-130. Free.

### Faculty and Staff News

Super sailors Cliff Bare and Scott Norman (both in Campus Recreation) recently participated in Tampa Bay Race Week. They served as crew aboard Andy Taylor's Ariel, the only sailboat to win four trophies in the competition. Ariel won overall in the Spinnaker "C" Division for Race Week. Additionally, the craft placed first on Friday, Oct. 25, third on Saturday, Oct. 26 and second on Sunday, Oct. 27 in the Division's daily races. Bare and Norman also plan to sail aboard Ariel in the upcoming Kahula Cup.

Campus Dean Winston Bridges, Jr., was also seen during Tampa Bay Race Week cruising aboard his intrepid Hotspur.

* * *

Rev. Wayne Wilson (Project Thrust) was recently installed as full time minister at Mount Pilgrim Baptist Church in St. Petersburg. Congratulations!

* * *

The USF St. Petersburg Women's Organization is reorganizing, according to Betty Keistler (Business Office). Faculty, staff and wives of USF personnel are invited to join. Over the years, the group raised money for student book scholarships and established an emergency student loan fund. Your participation is encouraged. For further information, please call 893-9107.
CLASSIFIEDS

PERSONALS

Good luck in your respective jobs, Jeff J. and Lori B. Keep up the good work!

What famous Physical Plant supervisor is dubbed "Rip"? Do you know why? Heh, heh, heh!

To M. T.: Love those Atlanta Braves! Just remember: There's always next year!

Hey, Raoul, for all you do this Bud's for you. Thanks for your help. M.T.

FOR SALE

Watch for daily lunch and dinner specials at the USF Dining Center, presented by Canteen, Inc. Need a morning treat? Ask for a breakfast burrito.

Support your USF St. Petersburg Lecture Series. Buy a stunning orchid tee shirt with the Lecture Series logo. Only $5 for tuition-paying USF students (limit one per student at this price); $8 for others. Contact the Activities Office today.

Campus Activities Center tote bags are on sale in COQ-102. $5.50 for these hot green nylon bags. Great for gifts.

USF Disney Days are November 1-11 1991. Discount tickets are available in the Activities Office for $20.50 each...while they last. CASH ONLY.

USF Commencement announcements are on sale in the Activities Office beginning Tuesday, Nov. 5. Cost is $0.80 per four-piece announcement. CASH ONLY.

RECITAL
Theresa Villani, Cello
Jacques Linder, Piano

Sunday, November 10 at 2:00 pm in Davis-130
Free

SPORT SHORTS

Soccer is played at the Campus Activities Center (CAC) on Thursdays from 5:30 - 7:00 pm. It is also played on some Saturdays from 2:00 - 4:00 pm. Check the CAC monthly calendar.

Support the USF Bulls! Copies of the basketball schedule are available at the Recreation Office. Bulls basketball begins on Thursday, Nov. 7 with an exhibition game against the Florida Stars. Home games are played at the Sun Dome at USF Tampa.

Check out the state-of-the-art Nautilus machines at the CAC Fitness Center. Coming soon: a multi-exerciser and a double shoulder machine. Call 893-9111 for further information.

The Crow's Nest is a publication of the Campus Activities Center, printed in cooperation with Student Government and the Activities & Organizations Office at the University of South Florida, St. Petersburg Campus. It is distributed every Monday.

Your articles, announcements and input are solicited. Submission deadline is the Tuesday prior to publication.

For further information, call (813) 893-9596.

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