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Great Strides Program Takes Off
by Lisa Wharton
Crow's Nest Editor

Ready to make that New Year's resolution for 1992? Let the USF Wellness Committee, Counseling Center and the Campus Fitness Center be your guide with their new total health program.

**Great Strides**, a new program geared to developing a healthier you, will help you to improve not only your physical health but all areas of your life. It is a positive approach to living involving the whole person. The **Great Strides** program lets you address issues in any or all aspects of your "wellness." The program divides wellness into six dimensions:

- Physical
- Emotional
- Career
- Spiritual
- Social
- Intellectual

By working toward a balance in these areas, you can make the most of your potential. As a guideline, you begin by setting up a contract with the Fitness Center. You choose which areas you wish to work on and what changes or routines you want to implement. By stating your goals and expectations clearly and putting them in writing, you make a commitment to pursue these goals. The **Great Strides** pro...
While You Were Gone, cont. from front page

moved to the CAC as well, and a new administration comprised of President Lana Romani, (Business), Treasurer Steve Bearden, (Business), and Secretary Leigh Harwell, (Business), join returning Vice-President Hloy Pena (Education), for the spring term (see related story on page 3). Though the office’s location has changed, SG’s phone number remains the same -- 893-9144.

*The campus pool, which has been closed for renovations since late November, should reopen on April 1. A possible re-opening celebration is in the works. Stay tune for further information.

*The Fitness Center has instituted a new program called Great Strides (see related story on front page). All students, faculty and staff are encouraged to join.

*The search for a permanent Campus Dean has resumed with new committee members. Chairperson Nancy McIntosh said that the committee has received approximately 150 applications and nominations and is in the process of reviewing the candidates. She expects the Committee to assemble a short list of finalists by the end of January.

*Club budgets have also been officially approved for Semester II. Clubs are currently preparing Campus Showcase, which is scheduled for Tuesday, January 21.

Finally, even the Crow’s Nest has changed a little (as you can see by our new format). In addition, we will publish every other week for the spring semester. We will keep you up-to-date on pertinent news during this semester. We wish you the very best for in 1992.

The Crow’s Nest is a publication of the Campus Activities Center, printed in cooperation with Student Government and the Activities & Organizations Office at the University of South Florida, St. Petersburg Campus. It is distributed every other Monday.

Your articles, announcements and input are solicited. Submission deadline is the Monday prior to publication.

For further information call 893-9596

Editors:
Marty Tschiderer and Lisa Wharton

Advisor: Sudsy Tschiderer.

Great Strides, cont. from front page

gram then agrees to support you in the achievement of your goals.

Great Strides offers a wide range of suggestions for various ways to work on each of the six areas of wellness. The Fitness Center is also sponsoring a Great Strides walking program. Meeting at the Campus Fitness Center every Monday and Wednesday at noon, the walk will last 30 minutes and is open to everyone.

On April 1, an award ceremony will be held to coincide with the grand re-opening of the campus swimming pool. Awards will be given to all who successfully complete their contracts.

Look for the Great Strides booth at Campus Showcase or come to the Fitness Center and get started on your way to a healthier you!

Student Government in Action

Welcome to another semester here at the University of South Florida at St. Petersburg! My name is Lana Romani and I am your new Student Government President. My major is Business.

I just wanted to take this time to introduce myself, my officers and representatives and share with you some of our goals.

Student Government’s purpose is to serve the students on the St. Petersburg campus. SG resides over a budget of over $300,000. This budget is a culmination of Activities and Service (A&S) Fee monies which are derived from part of your tuition dollars. This $300,000 goes to fund a portion of student activities, career counseling, financial aid, recreation, clubs and organizations, Lecture Series and other important programs on our campus.

Hloy Pena (Education) is our returning Vice-President. Hloy will continue chairing our very active and successful Clubs and Organizations Council (COC). Hloy is a veteran SG member, serving in two past administrations. I look forward to working closely with her.

Steve Bearden (Business) is the new Treasurer. Steve has been quite active as an SG representative and served on the Budget Committee during the fall semester.

Leigh Harwell (Business) is the new Secretary. She also has been an active representative for SG by co-chairing such committees as the Graduation Reception for 1991.

Presently, there are four Representatives in SG. They are Steve Tiano (Arts & Sciences); Janis Phillips (Business); Bob Miller (Business); and Karen Kline (Business).

There are several open Representative positions available to St. Pete campus students. I invite you join us. If you need any more information, visit our offices in the Campus Activities Center (CAC), or call 893-9144. You can indeed make a difference.

Some of our goals for the spring semester include re-activating a free Legal Aid Program for St. Pete campus students and making several revisions to our SG Constitution. We also plan to look into the possibilities of a study center for students. A list of our goals are available in the SG office.

We are open to any suggestions or opinions you may have to offer. All SG meetings are open to the university community. You are cordially invited to attend our first meeting on January 15, 1992 at 5:00 pm in the CAC conference room.

Just remember, we are here for you! Have a great semester!
Monday, January 13
The Great Strides walking program begins today at noon at the CAC. Meet Mondays and Wednesdays for a 30 minute walk.

The Clubs and Organizations Council meets today at 5:00 pm in the CAC.

The Ethics In A Complex Society class begins tonight at 6:00 pm. Held in the CAC, this class features weekly lectures which are open to the campus community. Tonight is orientation for students. The first lecture is scheduled for January 27.

Student Forum on Tahiti

The first 1992 USF St. Petersburg Lecture Series Student Forum of 1992 will be held on Wednesday, January 22 at noon in DAV-33. Presented by Henry Aruffo, USF St. Petersburg Geography student, "Tahiti--Paradise Found" focuses on the South Pacific. Featuring breathtaking slides of these islands, Aruffo's lecture will address the geography, culture and beauty of the South Pacific.

Tuesday, January 14
Learn how to participate in on-campus employment interviewing. Attend the Orientation to On-Campus Recruiting workshop held today from noon to 12:30 pm in DAV-115.

Wednesday, January 15
Student Government (SG) holds their first meeting of 1992 at 5:00 pm in the CAC. This meeting is open to all students, faculty and staff. Students interested in representing their College in Student Government should call 893-9144 for more information.

Campus Calendar

SEA meets today from 12:30 to 1:00 pm in the Davis Hall Lobby.

Thursday, January 16
Learn how to prepare that perfect resume in the Resume Writing workshop. You'll review the various components of the resume format including education, work experience and job objective. 4:30 to 6:00 pm in DAV-115.

Public Lecture Series Begins

Critical Choices, Ethics In A Complex Society begins Monday evening, January 27. Open to the public and offered for credit, orientation for enrolled students will be held on January 13. These lectures, which begin at 6:30 pm, will deal with ethics and the professions, including business, media, law, medicine and politics. The ethics of race and gender, and religion and values also will be covered.

Featured speakers include Andrew M. Greeley, a Catholic priest and best-selling novelist; author and media critic Neil Postman; Supreme Court Justice Ben Overton; and Emmy award-winning reporter Paula Lyons of Good Morning, America. "The program is designed to encourage thinking about the issues and ethical criteria for decision-making," said Mike Kilienberg, USF professor of mass communications and co-chairman of the lecture series. The series is sponsored by USF's Colleges of Business and Arts and Sciences and is funded by the Wally Bishop Program for Ethical Leadership Studies at USF St. Petersburg.

Monday, January 20
Dr. Martin Luther King holiday. No classes. Campus Activities Center open limited hours.

Tuesday, January 21
Be sure to stop by the Campus Showcase today from 9:30 am to 5:30 pm. Held in the Davis Hall lobby and other locations, the Showcase offers you the opportunity to become acquainted with student organizations and campus resources. Free munchies, giveaways and more!

The Student Business Association welcomes new officers at their first meeting today. 5:00 pm in the CAC.

Wednesday, January 22

Sailing Team to Speak

Crew members of the 60-foot racing yacht, the Odessa 200, will speak in the CAC at 7:30 pm on Thursday, January 23. Hosted by the USF St. Petersburg Sailing Club and the USF St. Petersburg Lecture Series, the lecture and video presentation will discuss the joint American and Russian effort to win the Whitbread Round The World Race. Recognized as the ultimate sailing challenge, this 33,000-mile race lasts nine months, beginning and ending in Southampton, England.

Thursday, January 23
In the Interviewing Skills workshop you'll review techniques for participating in interviews, research methods and post-interview skills. 4:30 to 6:00 pm in DAV-130.

Come meet the yacht Odessa 200's Russian and American Sailing Team at 7:30 pm in the Campus Activities Center, hosted by the USF St. Petersburg Sailing Club and the USF St. Petersburg Lecture Series. Through a lecture and video presentation, you'll learn about the yacht syndicate's upcoming challenge of racing in the 33,000 mile Whitbread race.

Friday, January 24
Unsure about your major? Learn more about USF academic programs, admission procedures and your college major. Attend the College and Career Planning workshop held from 4:00 to 5:00 pm in DAV-115.

Saturday, January 25
Step back into prehistoric times with the Family Fest! Featuring a presentation by Great Explorations Museum entitled Dino Magic, this "Diggin' Dinosaurs " Family Fest is sure to delight all ages. Fascinating facts about dinosaurs will be explored in a fun-filled event. A new location is set up for this Family Fest in the Campus Activities Center. The fun begins at 10:00 am.
Meet Your USF Police

by Capt. Bob Siwik
Campus Police

Officer Wayne Eberius comes to the St. Pete Campus operation after retiring from the Nassau County Police Department. He spent 20 years patrolling this area, one of the largest suburbs of New York City. In addition to having been a Navy Signal man, attending Nassau Community College and St. Petersburg Junior College, he has spent time working on the Lunar Excursion Module at Grumman Aerospace Industries.

Wayne is a friendly, courteous and humorous individual, who is also married with seven children. Three of them are currently attending Florida colleges.

Completing his professional pursuits which include recruit officer field training and crime prevention activities (e.g. procuring the DUI Accident Vehicle at the last Alcohol Awareness Week), Wayne likes to spend his personal time with stamp collecting, model railroads and family activities.

If you should spot our officer during the next few weeks, please spend a few minutes getting to know him better.

Florida Licenses-On-Wheels Mobile Unit Visits Campus

by Sharlene Croud
Parking Services USF - St. Petersburg

The Department of Highway Safety/Division of Driver Licenses will be sending their FLOW (Florida Licenses on Wheels Mobile Unit) to the St. Petersburg campus on Tuesday, January 21, from 10:00 am to 7:00 pm. You can update your address on your Florida Drivers License and renew your driver's license up to 18 months prior to your birthdate. If you need to change from out of state license to Florida state license, a written test is provided and can be done at the mobile unit. You will find the FLOW parked out front of Davis Hall.

For additional information, please call 893-9510.

Stop By Campus Showcase
Tuesday, January 21
9:30 to 5:30
Davis Hall Lobby

Florida Licenses-On-Wheels Mobile Unit Visits Campus

Campus Activities Center tote bags are on sale in the CAC. $5.50 for these hot green nylon bags. Great for gifts.

FREE
USF Directories are available to members of the campus community. Pick up your free copy at the Campus Activities Center. (One per person, please.)

SERVICES

Please submit your classifieds c/o Crow's Nest, Campus Activities Center. Free for the University Community.

Don't Miss Diggin' Dinosaurs Family Fest
Saturday, January 25
Campus Activities Center
10:00 AM

For Sale
Watch for daily lunch and dinner specials at the USF Dining Center, presented by Can­teen, Inc. Need a morning treat? Ask for a breakfast burrito.

Classified

PERSONALS
Long live the Fightin' Irish!
S. R.: Too bad your trip to New Orleans wasn't as sweet as a Sugar Bowl.
Welcome back, Jean Overall, Rae Howe, and Ken Shaw! You've been sorely missed around campus.
CONGRATULATIONS, Lisa! Your beautiful new ring looks great on you. When's the BIG DAY?
Lauren Giese has joined Illoy Pena in hobbling around campus. Oh, those nasty athletic injuries. Hope your respective legs and ankles heal quickly!
Ken K. is rumored to vie with Sheri B. as a campus fashion mogul! Is it true?
Happy birthday, Prof. Ray Arsenault, Prof Cliff Holmes, Rick Close and Dean Winston Bridges.
Happy Birthday, Dr. Denise Miller.
Hey, USF men's softball team, I heard things got really COOKED during your victory celebration! Good luck this season.