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Nautilus News

By Bob Courier
Fitness Center Assistant

Note: The Fitness Center staff will describe the Center's various Nautilus machines in a continuing series.

Living in Florida, many of us take advantage of some of the popular warm-weather sports such as tennis, golf and swimming. These and other sports require extensive employment of the shoulder muscles.

To develop these muscles to their potential, the Fitness Center has the Nautilus Double Shoulder Machine.

This machine is somewhat unique in that it uses two movements, the lateral raise and overhead press, to strengthen the deltoid or shoulder muscle.

The principle with this and any other double Nautilus machines is to pre-exhaust the muscle with the first movement and make the same muscle work harder on the second movement.

This principle allows this machine to isolate and fully work the shoulder muscle in just a few minutes.

So if you are looking to add another 10 mph to that serve or drive that ball an extra 20 yards or swim an extra lap, drop by the Fitness Center and check out the Double Shoulder Machine as well as the rest of the equipment to help build a better you.

St. Petersburg Campus Scholarship deadline: February 1, 1993

For further information, please contact the Financial Aid Office in DAV-114.
Kline administration begins spring term

By Marty Tschiderer
Crow's Nest Editor

Karen Kline presided over her first Student Government meeting as SG President on Wednesday, January 13.

Kline, along with her officers Heidi Wilson (vice-president) and Chris Eckhardt (treasurer), gave a brief outline of tentative goals for the spring semester.

Two priority goals are to schedule a Fall Commencement on the St. Petersburg campus and to work with the Dean's office to establish a college credit-based volunteer program.

The lack of a Fall Commencement on the St. Petersburg campus has been a constant source of despair for Bayboro students. Past SG administrations have tried in vain to convince USF President Francis Borkowski and others to allow the event. So far, however, the campus—and the students—have been denied.

"We were very close," Kline told members, alluding to this past fall's efforts. "Hopefully, President Borkowski will listen to us this time."

The college-credit volunteer program would allow students to "volunteer" their services to the St. Petersburg community in return for college credit. Campus Dean Bill Heller is spearheading the program and Student Government plans to offer assistance.

In other news, eight students were accepted to serve as SG representatives. They are: James Ragan, Nicole Thomas, Nick Bokone, Sue Tuttle, David Cronin, and Christine Bonar for the College of Arts & Sciences; Heidi Gladfelter and Scott Dille for the College of Business. These additions raised the SG membership to 24. Representative positions are still available in both the College of Business (3) and in Arts & Sciences (1). For more information about Student Government, please call 893-9144 or come by the SG office, located in the Campus Activities Center.

Massage dates set

Student Government is sponsoring therapeutic massages by a licensed therapist on the following dates: Jan. 20, 21 and 22 (Wednesday, Thursday and Friday). Appointments can be made through the SG office, located in the Campus Activities Center.
USF sponsoring a conference on early childhood

The USF St. Petersburg campus is sponsoring a conference on early childhood Jan. 30 from 8:30 am to 3 pm. All public and private school teachers and caregivers of children ages 3 to 6 years old are invited to attend. The cost of the conference is $10.

More than 30 workshops will be offered on curriculum, development, behavior management, the special needs child, nutrition, child abuse, HIV awareness and other topics. The keynote speaker will be Jan McCarthy, director of the USF Center for Child and Family Studies and past president of the National Association for the Education of Young Children.

Participants can earn five hours of annual in-service training from the Florida Department of Health and Rehabilitation Services. Registration begins at 7:45 am in the Davis Hall lobby. Call 893-9149 for more information.

International economy topic for luncheon lecture

The international economy is the topic of a “Food for Thought” Lunch program sponsored by the USF St. Petersburg campus at noon Jan. 27 at the St. Petersburg Yacht Club.

The cost of the program is $15 and includes lunch and a talk by USF business professors Richard Rivard and Henry Towery. Their presentation will focus on the North America Free Trade Agreement and the European Economic Community.

Call 893-9160 for reservations. Reservations must be made by Jan. 22.

Sumner earns first place in fiction contest

A. Janice Sumner, a University of South Florida student, won first place in the Seventh Annual Bayboro Fiction Contest for her original short story “All Things Temporary.”

The Society for Advancement of Poynter Library, a support group of the Nelson Poynter Memorial Library at USF’s St. Petersburg campus, sponsored the contest and awarded a $250 prize to Sumner. Sumner, who is working on her master’s degree in literature at USF’s Tampa campus, also won the 1990 Bayboro Fiction Contest.

Charles Geer, a literature major at USF’s New College in Sarasota, took the second place prize of $100 for his entry “Thirty Miles Back.”

The $100 third prize went to Andrea Greenbaum, a Tampa campus English major who wrote “Allies.”

The contest is open to students at all USF campuses. It was judged by Rick Wilber, a USF assistant professor of journalism and director of student publications who also edits the Tampa Tribune’s “Fiction Quarterly,” a short story supplement. Wilber also has published dozens of short stories and poetry in the United States and abroad.

Police News

Due to safety concerns, the Bayboro Peninsula is now a “no fishing” area. Because of building construction and increased demands for parking in that area, along with a concern for personal safety, Dean William Heller and Bob Siwik, director of public safety on the USF St. Petersburg campus, decided to make this restriction. Signs will be posted in the area. The restriction will last until the new marine science building is completed, in about two years. However, there is the possibility that the peninsula will become off-limits permanently.

In other police news, Karen Miles has joined the Public Safety Operations. Miles is the new assistant parking administrator. She is currently majoring in criminal justice and plans to become an attorney. She has worked in customer service, medicine, the military and as a police dispatcher.
Around Campus...

Tuesday, January 19

Campus Showcase: Meet your campus resources and student organizations! Exhibits are set up around campus, especially in the Davis Hall Lobby, Haney Landing and the Campus Activities Center. Free raffles, give-a-ways and more. 9:30am to 5:30pm. Free. Sponsored by the Activities Office and Student Government.

Panel Discussion: "Building Bridges Between the Media and Mature Citizens." Panel includes: William March, Tampa Tribune; Cynda Mort Seniority Editor, St. Petersburg Times; Helen Susik, USF Suncoast Gerontology Center; Kathy Beck, Publisher, Senior Connection; and Peggy Peterman, St. Petersburg Times. Panel Moderator. 6:30pm in DAV-130. Free. Sponsored by the Journalism Studies Master Program and made possible by the Eleanor Poynter-Jamison Endowed Chair in Media Ethics and Press Policy.

Wednesday, January 20

Student Forum: "Persevering on the Home Front: Blacks in Florida During World War II." Speaker James Schnur, USF Graduate Student in History. Schnur addresses the challenges facing Florida's black population in the fields of labor, education, political enfranchisement, housing and civil liberties. His research will be published as a chapter in an anthology entitled Florida at War. St. Leo's Press will release the book in early 1993. Noon in DAV-130. Free.

Resume Writing Workshop: Learn about the principal types of resumes and cover letters, their purpose and formats. Participants will review components of the resume including the job objective, work experience, education, volunteer and extracurricular activities, personal data and references.

Thursday, January 21

Orientation to On-Campus Recruiting: An explanation of the procedures for participating in on-campus employment interviewing.

Placement packets will be distributed only after a student has attended this workshop. From 5 to 5:30 pm. All workshops are held in DAV-112.

Saturday, January 23

Family Fest: "Walk Like An Egyptian," presented by the Paradise Players. Enjoy an offbeat comedy play. Pharaonic Phun for all ages—featuring King Tut and friends. The show begins at 10 am in the Campus Activities Center.

Monday, January 25

Spring Monday Night Forum: In Search of the Good Society: Perspectives on Community and Culture. This week's topic: "Being Yourself and Belonging to the Community: The Moral Languages of American Culture." Speaker Steven M. Tipton, professor of sociology and religion at Emory University and its Candler School of Theology, and author. 6 pm in the Campus Activities Center.

College and Career Planning: A workshop for prospective USF students who are unsure about their majors. Topics include how interests relate to majors, USF academic programs and admission procedures. Contact the Counseling and Career Center at 893-9129 for more information.

Time Management: This one-session workshop is designed to help participants recognize goals, set priorities and develop a time plan. Contact the Counseling and Career Center at 893-9129 for more information.

Wednesday, January 27

Orientation to On-Campus Recruiting: An explanation of the procedures for participating in on-campus employment interviewing. Placement packets will be distributed only after a student has attended this workshop. From noon to 12:30 pm. All workshops are held in DAV-112.

USF hosting free public lectures beginning Jan. 25

The USF St. Petersburg campus is hosting a free public lecture series that examines attempts to build community within a diverse culture of competing interests and issues beginning Jan. 25. *In Search of the Good Society: Perspectives in Community and Culture* will focus on the major divisive components in American society and some key approaches to heal these divisions.

General course topics will include race, gender, education, culture and politics. Guest speakers will include nationally and internationally known experts from the fields of literature, history, sociology and politics.

Speakers will include Robin Morgan, feminist author and activist who is editor-in-chief of *Ms.* Magazine; Mary C. Means, creator of the Main Street Program at the National Trust for Historic Preservation; Steven M. Tipton, professor of sociology and religion at Emory University and co-author of *Habits of the Heart: Individualism and Commitment in American Life*; Thomas Kochman, professor of communication at the University of Illinois at Chicago and author of *Black and White Styles in Conflict*; William Boyd, an expert on cultural diversity who is the director of leadership and affirmative action at the Poynter Institute for Media Studies; E. J. Dionne Jr., political correspondent for the *Washington Post*; and John Rothchild, an environmental writer and expert on folk life in Florida.

The lecture series meets Monday evenings through April 19 at 6 pm in the Campus Activities Center, located at the corner of Second Street and Sixth Avenue South. Call 893-9160 for more information.

Join Great Strides and walk your way to fitness

Start the new year off on the right foot! Make "Great Strides" toward better health and fitness! Participate in the "Great Strides" Walking Weight Management Program and walk your way into fitness!

Meet at the Campus Fitness Center at noon on Mondays, Wednesdays, and Fridays and walk for one hour. Begins Wednesday, January 20.

Family Fest presents: Walk Like an Egyptian

By Valerie Prosser
Activities Program Specialist

Are you in the mood for some quality entertainment at a reasonable cost for you and your family? Family Fest is the answer.

Family Fest produces monthly programs during the spring and fall semesters. These family-oriented programs are designed to provide USF faculty, staff, students, their families and guests with some creative leisure time, free of charge.

The Campus Activities Center is the site for the upcoming Family Fest, the Paradise Players in "Walk Like an Egyptian" with King Tut and friends. Plan to attend Saturday, Jan. 23 at 10 am and enjoy an offbeat comedy play of "Pharonic Phun" for all ages.

The players include King Tut, the mummy (digs "wrap" music), the grave robber, the Priestess and the Cobra Goddess. The production includes history, humor, authentic scenery and props, accurate mythology, graceful choreography and more.

This Family Fest also boasts hieroglyphic fun and refreshments. Mark your calendars so you can join us for a morning in Egypt.

Family Fests are sponsored by the USF/St. Petersburg Activities Office. For more information, call 893-9596.

Be a lifesaver: Learn CPR and First Aid

Take an American Red Cross Course. Classes in CPR, First Aid and Lifeguarding are being offered on the St. Petersburg campus beginning in February. Sign up in the Campus Activities Center or call 893-9589 for more information. Sponsored by the Campus Fitness Center.
Congratulations to the new officers of several organizations:

**Information Systems Association**
- Ken Rodrigues, president; Tom Tuthill, vice-president; Donna Carpenter, secretary; Takako Tayama, treasurer.

**Phi Theta Kappa**
- Tim DeMeza, president; Matt Saunders, vice-president; Eric McManus, treasurer.

**Sail Club**
- Tim Schreck, Commodore; Ken Jurasek, vice-president; Erik Bigalke, treasurer; Christine Bonar, secretary.

**Student Council for Exceptional Children**
- Marienne Dierking, president; Eric McManus, vice-president; Suzanne Becker, secretary; Karen C. Stockton, historian; Melanie Merz, treasurer; Jane Keller, public relations.

**Student Education Association**
- Cecelia Vargas, president; Rev Smith, vice-president; Chris Carter, secretary; Lori Beeman, treasurer.

The **Student Education Association (SEA)** is looking for volunteers to assist with the Early Childhood Conference on campus on Saturday, Jan. 30. Please contact the College of Education if you can help.

### Upcoming ABS Events

*By Patricia Hines*

The Association of Black Students (ABS) welcomes you to a new semester at USF St. Petersburg. You are invited to attend our meetings on the second Tuesday of every month in DAV-108 starting at 6 pm.

You are also invited to attend the upcoming ABS events:
- **Feb. 5:** Video Presentation: *Eyes on the Prize II, "The Time Has Come."* CAC Conference Room beginning at 7:30 pm.
- **Feb. 9:** Spotlight on Black Entrepreneurs. Speaker: Naomi Nesbitt, State Farm Insurance.

Please take time to visit the ABS Spotlight on Black Entrepreneurs Display in the Davis Hall Lobby throughout the month of February.

### Campus Lecture Series Notes

*By Lisa Wharton*

**Chairperson**, USF St. Petersburg Campus Lecture Series

The USF St. Petersburg Campus Lecture Series is hard at work planning lectures and events for the Spring Semester. Upcoming lectures include *Ms.* Magazine Editor-In-Chief Robin Morgan, News Anchor Gayle Siersens, and the Poynter Institute’s discussion of their work in South Africa. Our International Symposium for this year is focused on the diverse and fascinating country of India. Many hands are needed for a successful Symposium. A special meeting of the Symposium committee is scheduled for 1:00 pm on Wednesday, January 20 in DAV-130. All are welcome.

And be sure to attend our first Bayboro Lyceum on Wednesday, January 20 at Noon in DAV-130 featuring our own James Schnur. Jim’s lecture is entitled “Persevering on the Home Front: Blacks in Florida During World War II.” Jim’s research on this subject will be published in an anthology entitled *Florida at War* and is sure to be a fascinating lecture.

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