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In Memoriam: Evelyn W. DeLoach

by Jim Schnur
Poynter Library

Evelyn W. DeLoach, staff member at the Nelson Poynter Memorial Library for the past six years, passed away on Saturday, Oct. 24, at Baptist Hospital East in Louisville, Ky. Evelyn had taken a leave of absence from the library for surgery and treatments to help her regain strength. A floral arrangement was placed at the circulation desk in her memory, symbolizing her desire to raise orchids upon returning to St. Petersburg.

Evelyn came to USF in 1978. Prior to working at the Poynter Library, she served in the technical services, acquisitions, cataloguing, and serials departments of the Tampa and Sarasota campus libraries. In addition to these responsibilities, she also worked at the circulation desk and repaired damaged books during her tenure at the USF St. Petersburg library. Her presence was felt throughout campus, as she could often be found enjoying her lunch in Davis Hall during the afternoons. She will truly be missed by the campus community.

Funeral services were held in Brunswick, Maine, her hometown, on Oct. 29. Instead of flowers, the family suggests a contribution be made to the Oncology Unit of Baptist Hospital East. The mailing address is 4000 Kresge Way, Louisville, KY 40207.

Nautilus News

By Lenia Webb
Fitness Center Assistant

Note: The Fitness Center staff will describe the Center's various Nautilus machines in a continuing series.

The Nautilus "Multi-Exercise" offers various ways to emphasize certain muscle development. There are more than 12 different exercises that can pinpoint virtually any muscular development that may be desired. The "multi-exercise" machine is available because it can be utilized in numerous ways for a well-rounded exercise program.

After the first two months of following a basic routine, it is good to break the pattern. By adding alternate routines, this allows for a slightly different degree of muscle fiber recruitment needed to stimulate additional strengthening and accentuation.

The "multi-exercise" offers a wide variety of exercise: wrist curls, triceps extensions, shoulder shrugs or row, side bends, calf-raises, chin and dips, are just a few. A fitness assistant will be glad to help you get a program started.

Nautilus training, understood and applied properly, makes you stronger, leaner, more flexible, able to build endurance and be less prone to injury.

It doesn't take years to see results; improvement can be seen within weeks and dramatic results within a few months!

Hair test can reveal drug use

by Brian Neill
Crow's Nest Staff

With just one strand of hair, professor Tom Mieczkowski can tell if you've been using drugs.

The USF-St. Petersburg professor of criminology has been working with a scientist from California on a test that uses hair samples to detect drug use.

The test works best when used to detect cocaine, but is not that effective in detecting marijuana.

Using the hair test in place of the traditional urine test has a certain advantage in that it can detect the presence of drug use up to 120 days after.

Hair continued on page 2

Marine science facility sets sail

A ground-breaking ceremony for a new $22 million marine science research facility was held Thursday, Oct. 29 at the USF-St. Petersburg campus.

The new research center, to be located adjacent to Bayboro Harbor, will be shared by USF's marine science department and the Florida Marine Research Institute, a branch of the state Department of Natural Resources, and will open in the winter of 1993.

The building will include state-of-the-art technology for receiving, processing and modeling optical data from U.S. satellites surveying the ocean. This capability will be critical to both USF and DNR scientists because only satellites can monitor hundreds of thousands of square miles of sea surface on a nearly continuous basis. During daylight hours, satellites can acquire and transmit data from the ocean every 1 1/2 hours.

This technology will enable USF marine science and faculty and students, and their DNR colleagues, to expand their research on Florida's coastal waters and the Gulf of Mexico, said Peter Betzer, USF marine science department chairman.

Student Government Elections

Nov. 17, 18 and 19

Election polls will be located in Davis Hall and open from: 10 am-1 pm, 3-6 pm and 7-8:30 pm.

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cessation, sometimes longer.
Cocaine is undetectable after only 48 hours with the urine test.

"Hair grows one half inch every month,
so you could look back 60 days," Mieczkowski said.
"Typically, you don't find anyone
who wants to test more than 60 days because once hair
gets older it may affect the test."

The cost of the test is about $50 to screen
for five basic drugs: marijuana, cocaine, amphetamines, PCP and opiates.

Mieczkowski's main role in the hair test
determines its effectiveness. Working mainly
with inmates in the Pinellas County Jail and
parolees, Mieczkowski gathers volunteers to
submit to the hair test. The series of tests are
for five basic drugs: marijuana, cocaine,
amphetamines, PCP and opiates.

Hair continued from page 1

Meet your campus police
by Captain Bob Siwik
Director of Police Services

Parked Police Rod Williams has
been with the Parking Services Department
since December, 1990. Prior to and concurrent
with his USF employment, Rod has worked
for the U. S. Postal Service for five years.
Patrol Williams has also served in the U. S.
Army Military Police for three years, stationed
at San Antonio, Texas, and Ft. McClean, Ala.
Rod, a St. Petersburg native, attended
Lakewood High School, and is currently
coaching Little League football. He greatly
enjoys basketball, home life, and spending
time with his family. Rod also is actively
involved in local politics, in his church male
chorus and as a youth usher at Mt. Moriah
Baptist Church. He is married and has three
children.

If you see Rod on his rounds, smiling
as usual, please stop and say hi—and possibly
swap baby pictures.

How do you spell
fast cash? A-T-M

Need cash fast? An automatic teller
machine has been installed in the Davis
Lobby. It will accept three different bank
cards, including Citrus and Honor. Stop by
today for all your money needs.

Student Government in Action
by Marty Tschiderer
Crow's Nest Editor

Student Government elections are
scheduled during the week of November 16.
The election poll will be located in the Davis
Hall Lobby and will be open from 10 am to 1
pm, 3 to 6 pm and from 7 to 8 pm on Tuesday,
Nov. 17, Wednesday, Nov. 18 and Thursday,
Nov. 19.

All officers and representative positions
are open and students are encouraged to
participate in the election process.

Interested students need to pick up an
election packet in the SG office, located in the
Campus Activities Center. For further
information, please contact Cheryl Briden,
Election Rules Committee Chairperson, or the
SG office.

Safety for safe kids at the CAC

Family Fest recognizes Child Safety and
Protection Month on Saturday, Nov. 21 at 10am
at the Campus Activities Center with a fun
filled program.

Activities include a puppet show, free
fingerprinting and child information cards, water
safety tips, free activity books and more.

Dean's List Scholars Summer 1992

Congratulations to the Summer 1992
Dean's List Scholars!
To be eligible for the Dean's List,
students must carry a minimum of 12 credit
hours with no S-U grades and be in the top 10%
percent of their colleges, earning a minimum of
a 3.5 GPA for the semester.

The scholars are:
Bernadette Ahearn, Patricia Howard
Allen, Brenda Lynn Allison, Adrienne Noel
Aucion, Noelle Elizabeth Bennett, Gregory
Charles Boreham, Shona Rae Burgett, Beverly
Lynn Carter, Linda Neal Chaboudy, Kathryn
Kapelak Cotter, Lisa Marie Councilman, Bernard
Joseph Couture Jr., Julie Ann Davis, Kimberly
Taylor Duncan, Darlene Rae Fromknecht,
Caridad M. Sotolong Gibson, Sandra Lee Graf,
Ellen Marie Johnson, Susan Dunkle Laporte,
Cindy Jene Lemons, Eric Scott McManus, Heidi
Kim Miles, Daphna Zloczew Monteagudo,
Daniel Ray Morgan, Irene Neofotistos, Cecelia
Maddalena Palmer, Cynthia Marie Paul,
Cathleen Anne Remninger, Melissa Jean Steckel,
Margaret Ellen Swank, Cecilia Adriana Vargas,
Deanna Gayle Yazel.

Recycla-BULLettin

Think about our environment—
lighting accounts for one-fifth of all the
electricity consumed in the United States.
TURNT'OFF!Reference: 30 Simple Things
You Can Do To Save the Earth.
Monday, November 9

Just Do It!: A workshop that explores strategies for overcoming procrastination. Learn techniques for getting organized and following through. From 4 to 6 pm. Contact the Career and Counseling Center in DAV-112 for room assignment.

Tuesday, November 10

Jobs of the Future, a one-session workshop explores emerging careers and potential hiring trends as well as factors that affect the marketability of specific college majors. From 5 to 6 pm in the CAC Club Room.

Wednesday, November 11

Veteran’s Day Holiday. No Classes.

Thursday, November 12

In the Wellness for Life series, Addictions & Recovery is discussed from noon to 1 pm in CAC-133.

Friday, November 13

Orientation to On-Campus Recruiting is offered from noon to 12:30 pm in DAV-112. An explanation of the procedures for participating in on-campus employment interviewing. Placement registration packets will be distributed only after a student has attended this workshop.

Orientation to Education Placement is offered from 12:30 to 1 pm in DAV-112. An explanation of the procedures for participating in the education major placement services. Education Placement Registration Packets will be distributed only after a student has attended this workshop.

Monday, November 16

A College and Career Planning workshop for prospective USF students who are unsure about their majors. Topics include how interests relate to college majors, USF academic programs and admission procedures. From 4 to 6 pm in SPN 204A.

Thursday, November 19

In the Wellness of Life Series, Nurture Support Systems are discussed from noon to 1 pm in CAC-133.

Orientation to On-Campus Recruiting is offered from 5 to 5:50 pm in DAV-112. An explanation of the procedures for participating in on-campus employment interviewing. Placement registration packets will be distributed only after a student has attended this workshop.

Friday, November 20

A Resume Writing Workshop is presented from 11 am to 1 pm in CAC-133. Learn about the principle types of resumes and cover letters, their purposes and formats. Participants will review components of the resume including the job objective, work experience, education, volunteer and extracurricular activities and references.
Club News and Views

Compiled by Sudsy Tschiderer
Activities Coordinator

Student Council for Exceptional Children (SCEC) and the Student Education Association (SEA) will participate in the Children’s Festival on Nov. 7 on the Tampa campus, according to Pam Hartzell, SCEC secretary. More than 100 fun and educational activities for children of all ages are scheduled. SCEC is sponsoring a multi-sensory booth and is co-sponsoring a petting zoo with SEA. The festival will be held from 8 am to 4 pm. Admission: $5 for children; free for adults. For further information, please contact Sandra Couillard at 522-1067.

A number of students from campus clubs represented USF St. Petersburg at various state conferences. Delegates from Circle K International, Student Council for Exceptional Children and Student Education Association attended conventions in October. Much information and good spirits were shared and exchanged.

Congratulations to the Marine Science Advisory Committee (MSAC) for its work in support of the ground-breaking ceremonies for the new Marine Science-DNR Research Facility. Great exhibits and tasty refreshments. Tours of MSL laboratories were also fascinating.

USF Alumni Association hosts Bucs-Bears game Nov. 15

The University of South Florida Alumni Association is hosting a tailgate party at noon Sunday, Nov. 15, at Horizon Park Shelter #311 in Tampa. The party will be held prior to the 4 p.m. Tampa Bay Bucs vs. the Chicago Bears football game at Tampa Stadium. The alumni association is selling the tailgate lunch and game tickets for $28 to alumni members and $30 to non-members. Game tickets can only be sold as a package with the tailgate party.

Alumni members who already have a game ticket but wish to attend the tailgate party can purchase a tailgate lunch for $10. The cost to non-members is $12.

The event is sponsored by USF’s Pinellas County and Tampa alumni chapters. For reservations and more information, call 974-4380.

THE CROW’S NEST

The Crow’s Nest is a publication of the Campus Activities Center, printed in cooperation with Student Government and the Activities & Organizations Office at the University of South Florida, St. Petersburg Campus. It is distributed every other Monday. The next issue is November 23.

Your articles, announcements and input are solicited. Submission deadline is the Monday prior to publication.

The opinions that appear in this publication do not necessarily reflect the opinions of the Crow’s Nest staff or the University of South Florida.

The Crow’s Nest also reserves editorial and revision rights to all submissions.

For further information, call 893-9596.

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