Meet Your Campus Police

By Capt. Bob Siwik
University Police

Sgt. Jim Kramer came to our campus after serving seventeen years as "New York's Finest," at that City's Police Department. His duties there included seven years participation in the Youth Services Division, gang-related investigations, and activity in the pilot program that experimented with cultural exchanges with Puerto Rican families. Additionally, he founded the precinct, "105 Club," a social organization to enhance officers' family morale. Prior to this, Jim had served eight years in the Air Force Reserve, and supervised the company motor pool.

His vehicular interests later expanded into work as an auto service technician, and he owned his own auto repair business. This love of cars eventually drove Jim into several years of stock car, and some professional drag racing.

Currently, the Police Sergeant is involved in the evening shift supervision, the personnel selection process, and enjoys being the departmental "Jack of All Trades," which entails getting special projects done when no one else has the time or capability to finish them.

On a personal note, Jim is married and has two children and one grandchild. He is presently enrolled in the "Ethics in the Complex Society" seminar, and is a Criminal Justice student. His hobbies include boating and auto racing.

If Jim happens to come your way, please say "hi," and just maybe he can give you some crime prevention or auto motive advice.

Campus Sailor in Competition

USF St. Petersburg student Scott Norman will compete in the 1992 Laser East Coast Midwinter Championships in Sarasota in late February. The four day boat race is a Grand Prix Championship Regatta. Over 180 sailors are expected to participate. The race is also a qualifier for the 1993 Laser World Championships in New Zealand.

The USF St. Pete Sail Club and Tackle Shack are sponsoring Norman's participation.

Norman, a business major, has sailed competitively for twelve years. He currently works in the Campus Recreation Office. Good luck, Scott!

Pride in "Great Strides"

Have you made "Great Strides" part of your routine? These people have! Hats off to:

Kathy Agne Amy Hopkins
Edward Bates Ken Kistmer
Sheri Beaudreau Karen Kline
Mary Beckett Barbara Lynch
Nancy Berll Sheila Montante
Cheryl Briden Diane McKinstry
Ruth Broadwater Sue Anne Reynolds
Donna Christensen Barbara Siwik
Lori Lee Clark Bob Siwik
Jennifer Clarke Jim Schnur
Keely Clarke Darlene Smith
Sharlene Croud Marie Spilliett
Jane Donnelly Brian Thomas
Barbara Fleischer Jamie Thomas
Melanie Gifford Sarah Walls
Catherine Gillespie Elizabeth Welden
Donna Hall Roderick Williams
Audra Harwell

USF St. Petersburg hosts the Suncoast Young Writers Conference on March 6. Three hundred Pinellas County students from grades six though eight will participate.

Bruce Brooks, author of The Move Make the Man; Herb Karl, author of Toom County Mud Race; and White Deer of Autumn, author of Ceremony in the Circle of Life, are the featured speakers in this "Kaleidoscope of

Conference continued on page 2

INDEX

Around Campus 4-5
Classified 7
Health News 6
Student Government 3

Young Writers Convene on Campus

By Jim Schnur
Student Chairperson, St. Petersburg Lecture Series

For a week in March, our campus celebrates the history, arts, and culture of Spain. From Wednesday, March 4, until Thursday, March 12, the USF St. Petersburg Lecture Series sponsors its annual International Symposium. The university community can expect a full schedule of lectures, panel discussions, films, exhibits, and demonstrations during the Symposium. This program coincides with the tenth anniversary of the Dali Museum celebrated on Saturday, March 7.

The International Symposium possesses a broad interdisciplinary focus. Unlike programs at other universities that may concentrate only on the Quincentenary and the Columbian exchange, speakers at USF St. Petersburg examine events that have shaped Spain throughout its rich and diverse history. Topics include: the Spanish Civil War, politics in the post-Franco era, the development of an artistic and literary tradition, and Moorish contributions to the Iberian peninsula. Inaugural events will establish the historical and geographical positions of Spain in the world.

Participants will address Spain's lasting influence in the Americas. From the Black Legend, search for treasures, and relations with indigenous populations during the colonial period, to the contributions of Spaniards throughout American history, Spain's involve-

Symposium Salutes Spain

University of South Florida at St. Petersburg Vol. 21, No. 11

February 24, 1992

INDEX

Around Campus 4-5
Classified 7
Health News 6
Student Government 3

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Conference continued on page 2

INDEX

Around Campus 4-5
Classified 7
Health News 6
Student Government 3

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Conference continued on page 2

INDEX

Around Campus 4-5
Classified 7
Health News 6
Student Government 3
Spain continued from page 1

ment in American affairs transcends the voyages of Christopher Columbus.

Lecturers also evaluate issues that challenge Spaniards in the 1990's, such as regional separatist movements and Spain's role in the "new world order" and the Common Market. All lectures scheduled during the International Symposium are free and open to everyone.

The Lecture Series also offers food and merriment. The annual International Dinner on Friday, March 6, includes entertainment that captures the essence of Spanish culture. Tickets to this event may be obtained on first come, first served basis. Contact the Activities Office for further information about the International Dinner.

The 1992 International Symposium on Spain continues a long tradition of quality programs produced by the USF St. Petersburg Lecture Series. Past symposia—which have examined regions as diverse as Cuba, China, Nigeria, and the former Soviet Union—succeeded due to your support and patronage. As student chairperson, I assure you that the Lecture Series will continue to sponsor events of interest to students, faculty, staff, and the general public.

Please contact the Lecture Series if you would like more information about the International Symposium or any of our many other programs. You can reach us at the Activities Office of the Campus Activities Center by calling 893-9596. We look forward to seeing you at the International Symposium!

Conference continued from page 1

Life."

A public lecture by Bruce Brooks precedes the Conference on Thursday, March 5 in the Campus Activities Center from 7:30 to 9:00 pm. A reception and autograph-signing follows.

This program is sponsored by the University of South Florida, College of Education, Paragon Cable and the Pinellas County School System.

Triathlon Teams Forming

By Doran Cushing
Recreation Staff

The USF Recreation Office is looking for a few good men and women interested in competing on relay teams in the St. Anthony’s Triathlon on April 26.

If you are a swimmer, runner, or cyclist and have the desire to compete with world-class and local athletes, there’s a spot for you on the USF teams.

As a member of a relay team, participants pick their best event. Either the 1.5K ocean swim, 40K bike course, or the 10K run. The teams are scored based on the total time for the three events.

The Recreation Office encourages athletes of all levels to sign up. Participation is more important than winning.

For further details, call the Recreation Office at 893-9597.

Student Government in Action

By Leigh Harwell
Student Government Secretary

Did you know that Student Government recently voted to allocate extra money toward the Career Expo to help make it a success? Did you know that SG decided to organize a writing campaign against the recent cuts in the education budget? Or that SG has recently awarded two $100 Book Scholarships this semester? I did. My name is Leigh Harwell and I am the SG Secretary.

It is my responsibility to record and document all information that is discussed and voted on in the SG meetings. This includes committee reports, announcements, and new ideas presented to SG.

After each meeting, I compile the information. Copies of the minutes are delivered to the Student Affairs and the Student Activities Offices. Copies also are given to each SG member, so that they may be able to review them before the next meeting. As always, copies of the minutes are available to the university community and can be obtained in the SG office.

I also serve as a liaison to the other USF campuses, keeping up-to-date on relevant issues and events.

In addition to serving as SG Secretary, I also am co-chairperson of the Graduation Celebration Committee. My involvement with the committee last semester (as co-chair) was a great learning experience.

Choosing the entertainment, refreshments and decorations, as well as designing the invitations and planning the set-up are just a few of the items that must be addressed.

A successful Graduation Celebration takes time and hard work, which is why participation—through leg work and opinions from fellow students—is so vitally important. We all want a program that we can be proud of.

The Spring Graduation Celebration is presently in the planning stages and I welcome any suggestions you may have. Please feel free to contact me in the SG office, located in the CAC.

Student Government Elections

will be held on March 10 - 12
in the Davis Hall Lobby

from 12:00 - 1:00 pm and 4:00 - 6:00 pm

ALL POSITIONS ARE OPEN

Interested students can pick up a Candidate Packet in the SG Office in the CAC.
Monday, February 24

Recognize goals, set priorities and develop your own time plan at the Time Management Workshop, 4:00 to 6:00 pm in DAV-115.

Student Government meets at 4:45 pm in CAC-133. All are welcome to attend.

The Critical Choices lecture features Gerald Cavanagh, Provost, University of Detroit Mercy, and author of "The Critical Choices." Cavanagh speaks on "Ethics and Values of the Market System," at 6:00 pm in the CAC.

The Geology of Florida class hosts A.C. Hine, USF Department of Marine Science, at 6:00 pm in MSL.

Tuesday, February 25

SAO (Student Accounting Organization) meets at noon in the CAC. FBL Special Agent Mike Shea speaks. Refreshments available.

Wednesday, February 26

Be WellAware! Today's workshop is on Nutrition. 11:00 am to noon in DAV-115.

The USF St. Petersburg Lecture Series presents "Florida's Early Inhabitants" by Brian Evansen, amateur archaeologist. Evansen describes the lifestyles of Native Americans in Florida during the pre-Columbian era. He displays artifacts and demonstrates how to use these weapons and tools. Part of a series on Native American topics during 1992. Noon in DAV-130.

Attend the Effective Learning Workshop and learn about memory enhancement, study strategies and test-taking skills. 6:00-8:00 pm in DAV-115.

The Marine Science Department presents Juan Gonzales, Department of Marine Science, University of Puerto Rico, in a lecture entitled "Seagrass and Plankton Productivity of the Puerto Rico Shelf." Noon in the MSL Conference Room.

Become a Voter Registrant. Circle K International sponsors a seminar at 4:45 pm in DAV-130.

Men's City League Softball at Woodlawn Field: USF "B" vs. Automotive Supply at 7:00 pm on Field 2; USF "D" vs. Page One at 8:00 pm on Field 5.

Thursday, February 27

The first in a 3-session Career Decision Making Workshop meets from 4:00-6:00 pm, DAV-115.

Orientation to On-Campus Recruiting is held from noon to 12:30 pm in DAV-115.

Friday, February 28

Unsure about your major? Attend the College & Career Planning Workshop, 4 pm in DAV-115.

The Sail Club meets at 6:00 pm in the Dining Center. Sailing follows.

Talent At Its Best is co-produced by the USF St. Petersburg Association of Black Students and St. Petersburg Junior College's Haramee. Featuring rappers, dancers and singers, the talent show is presented at 8:00 pm in the CAC. Cost: $5.00.

Monday, March 2

The Geology of Florida class presents a lecture on satellite images in coastal research by Gail Mc Garry, Florida Marine Research Institute, St. Petersburg. 6:00 pm in MSL-153.

Learn to improve your communication skills in the Making Contact Workshop. 4:00 pm in DAV-115.

Neil Postman, professor, New York University, and author, speaks on "Ethics in a Technological Society" at 6:00 pm in the CAC as part of the Critical Choices series.

Tuesday, March 3

Orientation to On-Campus Recruiting is held at noon in DAV-115. Learn the procedures for participating in on-campus employment interviewing.

SAO meets at noon in the CAC. Laura Brock, Harper Van Scoik, speaks and answers questions.

Wednesday, March 4

The International Symposium begins today with the opening lecture by Alfonso Gonzalez, Ph. D., University of Calgary, Canada. Noon in the CAC. The Symposium runs through March 12.

Paul Baker, Department of Geology, Duke University presents "Sedimentology and Geochemistry of the Monterey Formation," at noon in MSL as a Marine Science seminar.

The Geology of Florida class hosts Jack Kidinger, U.S. Geological Survey Center for Coastal Geology. 6:00 to 7:15 pm in MSL-153.

The Driver's License on Wheels program comes to campus from 10:00 am to 7:00 pm.

A Resume Writing Workshop meets from 4:00 to 5:30 pm in DAV-115.

Orientation to On-Campus Recruiting is held from 5:30 to 6:00 pm in DAV-115.

E.J. Salcines, former State Attorney, describes the contributions of peninsular Spaniards to the history of the United States. Part of the International Symposium. 7:00 pm in DAV-130.

Men's City League Softball at Woodlawn Field: USF "B" vs. Iguana's at 7:00 pm on Field 2; USF "D" vs. Genex at 7:00 pm on Field 5.

Thursday, March 5

"Andalucia: The Glory that was Moorish Spain" is presented by Attilio Shiloh, Professor of Anthropology at USF. Noon in DAV-130.

The Career Decision Making Workshop continues in DAV-115 from 4:00 to 6:00 pm.

Friday, March 6

Reduce stress in the Stress Management and Relaxation Workshop. 3:00 to 5:00 pm in DAV-115.

"Understanding Spain: An Overview of Its Culture and Civilization" is presented at noon in the CAC by Antonio Martinez, Professor of Spanish, University of Nebraska.

The International Dinner celebrates Spain with traditional cuisine and entertainment. Fee to USF students, faculty and staff. $7.00 for the public. Limited seating. For tickets see the Activities Office. Advanced reservations or ticket purchase required.
The Sail Club hosts campus student organization officers at a Sunset Dinner Cruise on Friday, February 28. Wear something "tropical" as prizes will be awarded for the most creative island wear. RSVP is required. Call Sail Club president Lauren Giese (347-6219) as soon as possible to confirm your reservations.

Phi Theta Kappa representatives will attend the PTK national conference in Washington D. C. in late March. The group is sponsoring car washes to raise travel funds. For details, contact Kelly Insofi (347-8069).

Elected officers of Circle K International are: Jacquelyn Eichas, President; Bob Miller, Vice-President; Walt Skirven, Secretary. Congratulations to all!

The Student Business Association (SBA) welcomes Shane O’Neil as its new promotions and marketing coordinator. O’Neil is majoring in marketing and plans to graduate in Spring 1993. In addition to his work with SBA, O’Neil is an active member of Circle K and the Information Systems Association, reports Janis Phillips, SBA President. O’Neil is currently secretary for Rotoract International and recently received his pilot’s license. He is also active in the local Sunshine Flying Club.

The Three C's of Stress Management

By Dana Merry
Health Educator

We’ve heard so much about the negative effects of stress that many of us think stress is something to be avoided at all cost. Not so. It may not be stress itself that leads to physical and emotional strain and illness, but rather the attitude with which we approach life in general. Recent research has shown that people who approach life with an attitude of commitment, challenge and control are less likely to experience the negative side of stress.

Commitment. Commitment means believing in and feeling a deep involvement with one’s self, family, friends, work and moral convictions. Because these people generally have a healthy respect for family and friends, they are more apt to turn to this "support network" to help them through potentially stressful situations.

Challenge. People who view changes as challenges to meet and resolve are less likely to feel powerless in stressful situations. Rather than seeing the loss of a job as the end of the world, this person will view this seemingly "negative" change as an opportunity for positive growth.

Control. Self-determination or control, is a third significant factor in successful stress management. People who feel their situation in life is beyond their control are more likely to feel helpless when faced with a new or challenging situation.

All of us can protect against the negative effects of stress by adopting a positive, active approach to life. Develop a sense of commitment, challenge and control toward life, and control stress before it controls you.

Immunization Clinic

The Campus Immunization Clinic has been re-scheduled for Thursday, March 26 from 4:00 - 6:00 pm in DAV-130.

For further information, please contact Dana Merry or Diane McKinstry at X-9129.

Financial Aid Update

The Financial Aid Office has two scholarship research programs available to USF students: the START/PC and the CASHE Software Research Systems. Stop by the Financial Aid Office in DAV-114 to take advantage of this free program.

Any student who has already applied may drop by the office and pick up results. Processing time is about one week. (Results are NOT mailed due to budget cuts.)

The Financial Aid Office offers workshops to assist students in filling out their financial aid applications for the 1992-93 academic year. The current schedule of workshops is: Monday, Feb. 24 at 5:00 pm; Wednesday, Feb. 26 at 1:15 pm; Tuesday, March 3 at 1:00 pm and at 5:00 pm; and Thursday, March 12 at noon and at 5:00 pm.

Sign up in the Financial Aid Office (DAV-114) or call 893-9128.

Used Books Wanted

The USF St. Petersburg Women's Organization is seeking donations of used books for their annual Book Sale. DONATIONS may be left at the Admissions Office or at the Financial Aid Office in Davis Hall.