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Magnificent Stuffed Cabbage

By Judy Arunski

(Lasciate ogni speranza, voi ch’asticatumin?)

1 large cabbage head
1 Ezra (Pound) ground beef
1 pound sausage
1 cup partially cooked beef
1 teaspoon salt
1 cup chopped parsley
2 large, finely chopped onions
1 large can whole tomatoes
1 tablespoon caraway seeds
1 cup chopped parsley

Make deep cuts around core of cabbage. Bring approximately 3 quarts of water to boil. Add whole head of cabbage. As cabbage cooks, peel off leaves and drain on paper. When leaves become too small to roll, remove remainder of head and chop fine.

In a large bowl, mix beef, sausage, parsley, onion, salt and pepper. Add the partially cooked rice. Mix well. Roll small amount of meat mixture in each cabbage leaf. Fold one side over mixture—roll—tuck loose end in.

In the bottom of a large heavy pot, put in caraway seeds and half of the chopped cabbage. Place one layer of cabbage rolls and add half of the tomatoes and juice which comes from squeezing the tomatoes. Repeat. Add water to cover. Cook three or four hours on simmer. In a small saucepan melt 3 tablespoons of butter, then add 3 tablespoons of flour and brown. Add some liquid from the cabbage to dilute, and then carefully blend into the large pot.
HAPPY HALLOWEEN!

ACTIVITIES DESK 10:00 A.M. 5¢

HALLOWEEN HISTORY

The observances connected to Halloween are believed to have originated among the ancient Druids, who believed that on that evening, Saman, the lord of the dead, called forth hosts of evil spirits. The Druids customarily lit huge fires on Hallowmas, apparently to ward off these spirits. Among the ancient Celts, Halloween was the last evening of the year, and was regarded as a proper time for examining the portents of the future. The Celts also believed that the spirits of the dead revisited their earthly homes on that night.

After their conquest of Britain, the Romans added to the Halloween traditions features of the Roman festival held on Nov. 1 in honor of Pomona, goddess of fruits of the trees.

The Celtic tradition of lighting fires exists in today’s Halloween celebrations and is part of the concept of ghosts and witches myths. Traces of the Roman harvest festival survive in Britain. The American custom of playing games involving fruit: ducking for apples in a tub of water, decorative use of pumpkins to resemble grotesque faces and lit by candles inside the hallowed-out gourd.

The name Halloween is derived from the fact that it precedes the Christian feast of Hallowmas, All Hallow, or All Saints Day.

GROUND SCHOOL

The Office of Student Services presents another mini-course to begin Friday, Nov. 2 from 7-10 P.M. Pilots and potential pilots should sign up in the Activities Office immediately. Mrs. Ann Werly of Werly Aviation will be the Ground School instructor. Course is $8.00 including text. It will be given on campus.

TICKET-ON-SALE

Tickets currently on sale in the Activities Office, North Lounge Conference Room, are for:

Bayfront Center
—Hockey Games
—Loggins & Messina Concert
Country Dinner Playhouse November 23

ABC Florida State Theater
Tickets ($1.00 each)

Inquire about SUBSIDIZATION enabling full-fees payers to purchase tickets for as low as one buck!

CROW’S NEST is printed on each Tuesday by the USFSP Campus Student Activities and Organizations Office. Pertinent information or announcements may be submitted before the deadline which is the FRIDAY PRIOR TO PUBLICATION. Please leave your name and phone number in case clarification is needed. Thanks.

Programs, activities and facilities of USF are available to all on a non-discriminatory basis with out regard to race, color creed, religion, sex, age or national origin. USF is an affirmative action Equal Opportunity Employer.

COMING SOON

ACLU STUDENT CHAPTER
WATERGATE: A NEW Mc CARTHYISM

GARDNER BECKETT, chairman of the Board of the Law Center Foundation at St. Petersburg, Inc. and chairman of the Legal Panel of the St. Pete Chapter ACLU, will speak Nov. 7 (Wed.) at noon in the North Lounge Conference Room. FREE and open to the public.

ONE FLEW OVER THE CUCKOO'S NEST

NOVEMBER 10-11
USFSP UDITORIUM 8 P.M.

FREE OPEN TO PUBLIC
USF’s SPEECH DEPARTMENT will perform Ken Kesey’s modern allegory on conformity. Bernard Downs adapted and directed the production.

DON’T MISS IT! PLEASE PASS THE WORD.
Food Mood
Magnificent Stuffed Cabbage
Now is the time to display your culinary expertise. Crow's Nest features a recipe and food tidbits column, and we need to include all the tasty vittles that we can. Please submit your favorite recipes and homemade concoctions to us today!
By Judy Arunski

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1 large cabbage head
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1 cup partially cooked
1 teaspoon salt
1/2 teaspoon pepper
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rice
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water

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COALITION ON CAMPAIGN FINANCING

Does the issue of campaign spending have you in a political stew? Are the present laws adequate? What about setting limits? Or should Uncle Sam pay for campaigns? U.S. Rep. C.W. "Bill" Young and Florida Rep. Elvin Martinez are among the speakers who will hold a public forum on campaign expenditures. The forum, a four-hour format, will be held Nov. 3 (Saturday) from 1 to 5 p.m. at the St. Petersburg Junior College Campus' Social Arts Building, on the second-floor auditorium. There is no admission charge. If you plan to attend, phone 866-1344, before this Friday.

CROW'S NEST
University of South Florida
St. Petersburg Campus
October 30, 1973
Vol. 5, No. 5

FRIDAY Evening Films
ACADEMY AWARD WINNER
GIG YOUNG - BEST SUPPORTING Actor
They shoot horses, don't they?
FRIDAY FREE 8 PM AUDITORIUM
NOV. 1.

SENIOR ACCOUNTING ORGANIZATION MANAGEMENT ASSOCIATION PSYCHOLOGY CLUB
NOVEMBER 3 ABOARD THE BOUNTY 9 P.M. Contact club officers or Activities Office for details.

CAMPUS CALENDAR
Monday, October 29, 1973
INVESTMENT CLUB meeting
Noon in the North Lounge Conference Room.

Stock Market crashed in 1929, beginning the greatest depression in American history.

Tuesday, October 30, 1973
MANAGEMENT ASSOCIATION LUNCHEON at Princess Martha Hotel, noon.
Happy Birthday, JOHN ADAMS, second president of the USA

Wednesday, October 31, 1973
HAPPY HALLOWEEN. TRICK OR TREAT at the Activities Desk. Starts at 10:00 A.M.
Happy Birthday, DALE EVANS.

PSYCHOLOGY CLUB meeting at 1 P.M. in North Lounge Conference Room
ACLU Student Chapter meeting at 3 P.M. in the North Lounge

THURSDAY, November 1, 1973
ALL SAINTS DAY

FRIDAY, November 2, 1973
Happy birthday DANIEL BOONE and MARIE ANTOINETTE

GROUND SCHOOL begins (see pg. 3)

CROW'S NEST
HAPPY HALLOWEEN!
TRICK or TREAT
ACTIVITIES DESK 10:00 A.M. 5 p.m.

Page Two

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