3-2-1994

Crow's Nest : 1994 : 03 : 02

University of South Florida St. Petersburg.

Follow this and additional works at: https://digital.usfsp.edu/crows_nest

Recommended Citation

https://digital.usfsp.edu/crows_nest/385
Women, be aware

The series of lectures, exhibits, films and activities in recognition of National Women's History Month continues into March.

The schedule of events includes:

**#** "Margaret Sanger: A Play with One Actor," will be performed by its author, Irene L. Miller, at noon Wednesday in Davis 130. This dramatization of the life of Margaret Sanger, who went to prison in 1917 for distributing contraceptive information and is considered one of the great emancipators of her time, is sponsored by the Campus Lecture Series.

**#** A special sailing event just for women will be held from 9 a.m.-noon Saturday, March 5 at Haney Landing. The morning session includes breakfast, pre-sail instruction and a short sail on Tampa Bay. Four sailboats with experienced skippers will be provided. Space is limited and interested women should call 893-9597 to register. This event is sponsored by the Campus Women's Collec­tive and the USF Water­craft Department.

**#** A documentary pro­duced by Alice Walker, "Warrior Marks," chronicles the age-old practice of genital mutilation, and will be shown at 6 p.m. Tuesday, March 8 in Davis 130. It is estimated that this practice is still done to 100-million women worldwide, with 10,000 women in the U.S. at risk.

**#** Florida folk musician Bonnie Whitehurst combines dulcimer music with verbal commentary to present an integrated view of Florida musical tradition at noon Wednesday, March 9 in Davis 130.

**#** A live broadcast of Patricia Ireland's "NOW More Than Ever," keynote address in Tampa will be shown from 8-9 p.m. Tuesday, March 10 in Davis 138. Ireland, president of the National Organization for Women, will discuss the fight for women's rights in the courts and on the streets.

**#** The Tampa Bay Clothesline Project work­shop offers women a chance to "break the silence about violence toward women" by creating a shirt to be displayed in Straub Park March 19. Each shirt gives voice to a woman's personal experience with violence and is created in a safe environment with oth­ers as part of the healing process.

The imminent introduc­tion of a couple of out-of-state magazines finally pushed him to act on his dream. Last September, he suspended his graduate stud­ies, resigned his position as captain of a charter boat and launched Southwinds.

Balding, and tanned from years on the water, the soft­spoken Cushing used con­tacts developed during a three-year "cruising life­style" to secure articles from well-known sailing buffs. Freya Rausch, author of Cruising Guide to Belize and Mexico's Caribbean Coast, and Craig Chiabone, author of Cruising South­west Florida, are regular contributors.

Each month, Southwinds, carries accounts of sailing odysseys to out-of-the-way places, harrowing experi­ences with monster storms and killer reefs and compre­hensive coverage —

---

The News: You break it, you bought it

Wednesday
March 2, 1994
Vol. 1, No. 12

Student launches sailing magazine

By Jeff MacKenzie

Doran Cushing, a 47-year-old journalism gradu­ate student, decided to learn the pitfalls and prizes of publishing first hand by starting a magazine while still working on his master's degree.

"I actually conceived the idea some time ago," said Cushing. "Back when I was sailing in the Caribbean, some friends and I talked over the idea. We agreed there was a need for a regional publication dealing with sailing issues in and around Florida."

The imminent introduc­tion of a couple of out-of-state magazines finally pushed him to act on his dream. Last September, he suspended his graduate stud­ies, resigned his position as captain of a charter boat and launched Southwinds.

Balding, and tanned from years on the water, the soft­spoken Cushing used con­tacts developed during a three-year "cruising life­style" to secure articles from well-known sailing buffs. Freya Rausch, author of Cruising Guide to Belize and Mexico's Caribbean Coast, and Craig Chiabone, author of Cruising South­west Florida, are regular contributors.

Each month, Southwinds, carries accounts of sailing odysseys to out-of-the-way places, harrowing experi­ences with monster storms and killer reefs and compre­hensive coverage —

---

Sea WOMEN, page 3

---

Student launches sailing magazine

By Jeff MacKenzie

Doran Cushing, a 47-year-old journalism gradu­ate student, decided to learn the pitfalls and prizes of publishing first hand by starting a magazine while still working on his master's degree.

"I actually conceived the idea some time ago," said Cushing. "Back when I was sailing in the Caribbean, some friends and I talked over the idea. We agreed there was a need for a regional publication dealing with sailing issues in and around Florida."

The imminent introduc­tion of a couple of out-of-state magazines finally pushed him to act on his dream. Last September, he suspended his graduate stud­ies, resigned his position as captain of a charter boat and launched Southwinds.

Balding, and tanned from years on the water, the soft­spoken Cushing used con­tacts developed during a three-year "cruising life­style" to secure articles from well-known sailing buffs. Freya Rausch, author of Cruising Guide to Belize and Mexico's Caribbean Coast, and Craig Chiabone, author of Cruising South­west Florida, are regular contributors.

Each month, Southwinds, carries accounts of sailing odysseys to out-of-the-way places, harrowing experi­ences with monster storms and killer reefs and compre­hensive coverage —

---

Sea WOMEN, page 3
Activist to examine school choice

Special to The Crow's Nest

Civil liberties activist Barry Lynn will speak at the USF-St. Petersburg campus at 6 p.m. March 7 in the Campus Activities Center.

In his presentation, "School Reform: Does Choice Work?" Lynn will discuss some of the claims made by choice advocates and how the choice movement, a plan calling for public funding of private education, actually would affect public education. Milwaukee currently operates such a program but excludes religious schools. Programs are being proposed for school districts in Arizona, New Jersey, Virginia, Georgia and Pennsylvania.

Lynn is executive director of Americans United for Separation of Church and State, a non-sectarian, non-partisan organization that promotes religious liberties by upholding the concept of separation of church and state. He is a leading critic of the choice movement in public education. He has written articles on First Amendment issues for the Los Angeles Times, The Wall Street Journal, The Nation and USA Today, and has debated and discussed those issues on "Nightline" and "The MacNeil-Lehrer Report". He is a regular co-host with Mutual Broadcasting System's "Buchanan & Company."

Lynn earned his law degree from Georgetown University Law Center in 1978 and is a member of the Washington, D.C., bar. An ordained minister in the United Church of Christ, he received his theology degree in 1973 from Boston University School of Theology.

He formerly was legislative counsel for the Washington office of the American Civil Liberties Union and the United Church of Christ's Office of Church in Society in Washington, D.C.

The event, funded by the Florida Humanities Council and cosponsored by the St. Petersburg Times, is free and open to the public. The CAC is located at the corner of Second Street and Sixth Avenue South. Call 893-9160 for more information.

Education:
The Quest for Quality and Equality

Mondays 6-7:30 p.m. CAC

partisan organization that promotes religious liberties by upholding the concept of separation of church and state. He is a leading critic of the choice movement in public education. He has written articles on First Amendment issues for the Los Angeles Times, The Wall Street Journal, The Nation and USA Today, and has debated and discussed those issues on "Nightline" and "The MacNeil-Lehrer Report". He is a regular co-host with Mutual Broadcasting System's "Buchanan & Company."

Lynn earned his law degree from Georgetown University Law Center in 1978 and is a member of the Washington, D.C., bar. An ordained minister in the United Church of Christ, he received his theology degree in 1973 from Boston University School of Theology.

He formerly was legislative counsel for the Washington office of the American Civil Liberties Union and the United Church of Christ's Office of Church in Society in Washington, D.C.

The event, funded by the Florida Humanities Council and cosponsored by the St. Petersburg Times, is free and open to the public. The CAC is located at the corner of Second Street and Sixth Avenue South. Call 893-9160 for more information.

Hanging violence up to dry on a line

Special To The Crow's Nest

A shirt making workshop for the Tampa Bay Clothesline Project will be held from 1-5 p.m. Friday, March 11 in Davis 108.

The Clothesline Project began in October 1990 when a group of women from Cape Cod, Massachusetts, decided to bear witness to the alarming extent of violence against women in our country.

They conceived the idea of a clothesline with shirts hung shoulder to shoulder. Each shirt is a tribute to one woman's personal experience with violence. The Clothesline breaks the silence about violence with visual impact similar to the Vietnam Wall and the AIDS Quilt.

Since 1990, over 200 communities nationwide have developed Clotheslines. Within the next year, a national Clothesline will be displayed in Washington, D.C.

The Clothesline Project of Tampa Bay will be displayed in St. Petersburg's Straub Park March 19. Creating a shirt for the Clothesline is intended to aid and support the healing process of those who have lost a loved one or are themselves survivors of violence.

A shirt is created by the survivor herself, with the exception of white shirts which may be created in memorial for a woman who was murdered. Art materials and shirts will be provided at the workshop, although participants are welcome to bring their own materials as well.

One of the objectives of the Tampa Bay Clothesline Project is to unite local women with those around the country in a demonstration of solidarity against physical, verbal, sexual, psychological, and social abuse.

For further information, call Diane McKinstry at 893-9129.

Deadline for March 16 issue of The Crow's Nest is March 9 at 5 p.m. in the CAC
Caribbean. Panama years ago, sailing his 35-production manager for Nikon in California four copies of the magazine on circulates is sue. "Hopefully, we'll ac­claim he's been receiv­ing from local sailing celebrities, Cushing does his one job very well.

The help of a part­time salesman and assis­tant who handles desk-top publishing, Southwinds circulates 15,000 issues in over 200 locations. Advertisers distribute copies of the magazine on their premises.

Recently Cushing increased the number of pages 25 percent to a 40-page format. "Each issue costs around $3,500 to pro­duce," he said, adding that after two issues, the magazine broke even in production costs. "Hopefully, we'll break even in sales, photo­graphy and writing expenses by the third issue." A sailing buff since high school, Cushing left a "good shore job" as production manager for Nikon in California four years ago, sailing his 35-foot Niastra to Central America and through the Panama Canal to the Caribbean. He spent three years there, living on his boat and exploring new ports.

Settling in St. Peters­burg after visiting friends here, he decided to pursue a master's degree in jour­nalism and worked odd jobs to support himself. Although he stills sails regularly, he is selling his boat to help meet expens­es.

"Now, I have only one job. This is it — the mag­azine — it's all I have time to do." Charley Morgan, famed yacht designer and developer of the Morgan sailboat, is impressed with Cushing's efforts, granting him an exclusive interview on the potential for reviving the St. Petersburg-to-Havana yacht race.

Morgan praised the magazine, saying he had seen issues of Southwinds in sailing clubs as far away as Alaska. Judging by the volume of advertising, and the acclaim he's been receiv­ing from local sailing celebrities, Cushing does his one job very well. It's just the dawning of the age of antiquarian book fairs

Special to The Crew's Nest

The 13th annual Florida Antiquarian Book Fair is scheduled at USF-St. Petersburg March 11-13 in the Campus Activities Center. Fine and rare books, maps, prints and manuscripts will be for sale from 90 American and European dealers. James Tapley of Sarasota will give demonstrations on the art of bookbind­ing all three days, and USF librarians will offer free book evaluations from 1-4 p.m. Saturday in the lobby.

U.S. Attorney

U.S. Attorney for the Middle District of Florida Larry H. Colleton spoke at a recent Legalis Society meeting.

The book fair's hours are 5-9 p.m. Friday, 11 a.m. to 6 p.m. Saturday, and noon to 5 p.m. Sunday. Tickets for all three days are $5; Saturday or Sunday tickets cost $3. Proceeds from admission sales go to USF-St. Petersburg's Nelson Poynter Memorial Library. The CAC is located at the corner of Second Street and Sixth Avenue South. The event is sponsored by the Society for Advancement of Poynter Library and the Florida Antiquarian Booksellers Association.
Opinions

Whose land is it anyway?

Guest Column
Derry Riquelme

what is worse is the fact that it was purposely done, quietly, almost behind our backs.

Shell Oil will soon begin exploratory drilling in the Everglades (yes, the Everglades!). We've all heard about the other environmental threats to our state: offshore drilling, the cross-state canal, the pesticide runoff from the sugar cane crops, etc. We've had the chance in the past to contact our state legislators, express our views, and hopefully put an end to these violations; but this time it is different. This time our politicians don't want to get involved with the situation and would rather the citizens of Florida leave it alone as well. Why is that? Because the land Shell Oil will be drilling on belongs to the Miccosukee tribe.

I am very sad knowing that this tribe is doing something that is in such great opposition to what they, as Native Americans, have always claimed to believe. I very much believe that I am writing against a group of people I have always held in such high esteem, but I am not a racist. I am an environmentalist. I realize the Native Americans have gone through hard times. I am very sympathetic towards them. But I do not believe that this gives them the right to lease part of my state to someone who could do major, irreparable damage.

At this point all of our state representatives (including Gov. Chiles) and the South Florida Water Management District have expressed their opposition to the drilling—but this is all they have been allowed to do. The situation is being treated as a national one since the Miccosukee Reservation is considered another nation. Thus the federal agency, the Bureau of Land Management, which holds its southeast regional office in Jackson, Mississippi, has ultimately decided the fate of the Florida Everglades.

How can someone in Mississippi feel for the Everglades what those of us who are native Floridians feel? And how is it that the Miccosukee tribe is able to collect the amenities of using their land as they will, through declaration of being another nation, and yet is allowed to claim U.S. citizenship and enjoy the benefits offered to every other U.S. citizen? How can our state politicians allow this to happen without a fight?

Something is not right here.

Something needs to be done, and hopefully before Shell Oil puts that first drill in the ground, either the leaders of the Miccosukee tribe will come to their senses or all of our state representatives will put a foot down and stand up for the state they were elected to represent.

Opinion Pieces

All students, faculty and staff are encouraged to write guest columns, letters to the editors and opinion pieces for The Crow's Nest in the effort to engage in a meaningful discourse around campus.

All submissions must include the name and signature of the author as well as a phone number for verification purposes.

Editorial

Yes Toto, we're not in Kansas anymore.

With privacy crushed beneath her house as she logged on to the information superhighway, Dorothy slips on the ruby slippers of personal computers and embarks down that Yellow Brick Road (where the dogs of society howl).

The price of her journey to the Emerald City is not being in Kansas anymore—the loss of feeling safe, her privacy and her solitude—plus the chance of detouring through the Haunted Forest to the castle of the Wicked Witch of the West.

Joining Dorothy down this superhighway are the children of today posing as the Scarecrow—real whizzes at computers, but if they only had a brain; journalists as the Tin Man—their hearts couldn't bleed if they didn't have them; and modern educators as the Cowardly Lion—real whizzes at computers, but if they only had a heart; and all the telemarketing salesmen as the Wicked Witch, monitoring into the wood, despite the unknown, despite the fear, hoping to reach the Wizard of Oz and all the gifts he can bestow; Dorothy and company are disappointed when the government, dressed as the Wizard asks, for a means test—bring back the broom—before doling out favors.

Through the Haunted Forest they delve, deeper into the wood, despite the unknown, despite the fear, despite the terror. Easing on down the road, they feel safer on the path—a false sense of security derived from an increase in available knowledge.

The more they know, the better they're protected, right? But, unbeknownst to them are the telemarketing flying monkeys, honing in on the user's habits, and the Wicked Witch, monitoring Sea OZ, page 5
quality of his work only improved over time and certainly did not obtain "classic" status in his lifetime.

Mark Twain, who is considered by many to be America's greatest storyteller, began his writing career as a journalist who wrote travel diaries. His travel logs were reproduced in segments for magazine publications. During his illustrious career, Twain made plenty of money publishing his novels. A classic such as "The Adventures of Tom Sawyer" was written to both entertain his audience and to make money.

Charles Dickens also produced some of his "classic" work in series, wherein he agreed to provide "X" number of pages within "X" period of time for "X" number of dollars.

In their time, it is possible that any of these men were considered authors of classic pieces of literature? What about writers such as James Joyce, William Dean Howells or Victor Hugo? Is it also possible that no authors existed that were the equivalent to our modern day romance novelist, Stephen King or Jackie Collins? Pick up any book of poetry by Lord Byron and see for yourself.

Meanwhile, here in present day, consider the work of such authors as Pat Conroy, Toni Morrison or Gabriel Garcia Marques as candidates for future (and current day) acclaim. Pick up a copy of "Paris Trout" by Pete Dexter or "A Confederacy of Dunces" by John Kennedy Toole.

Great authors are out there and great works exist but for a literary work to be considered a classic, among other things, it must withstand time. No writers destined to write classics in modern times say — Bah, Humbug. Get back to me in a hundred years.

Theresa M. Mattioli
Senior, English

Staff explains pool predicament

Would you have enjoyed swimming in 67-degree water?! Unfortunately, although the weather is beginning to warm up on sporadic days, the average temperature of the water in the University pool has been an uncomfortable 67°.

In addition, the pool chemistry has been adjusted for non-usage and the staff has been reduced to weekend office coverage. It is not possible to make the pool "user friendly" (based on HRS regulations), and properly guarded, on an irregular basis.

The pool will open April 2 in conjunction with the 11th Annual Bayboro Windship Regatta. There will be a post-race party pool side featuring the Bohemian Swingers.

The folks who closed the pool, The Campus Recreation & Watercraft staff

P.S. Thanks for the great picture! Can you believe some people don’t even know this campus has a pool?!

Letters to
Editor Policy

Letters should be addressed to editor of The Crow's Nest and include the author's name, phone number, relationship to the University, and signature. All letters will be verified for their authenticity and The Crow's Nest will not run any anonymous letters.

The Crow's Nest reserves the right to edit all letters for length, language and style. Letters should be limited to 150 words or less, but guest opinion pieces and columns are always welcome.

Symposium

Coordinator of the Activities Program Sudsy Tschiderer stand with the lead singer from Dundu Dole West African Ballet, who performed at the south Africa: Country at the Crossroads dinner recently. The dinner concludes the look into South Africa here on campus.

Write for The Crow's Nest
Contact John at the CRC
Bayboro Regatta on tap

USF-St. Petersburg hosts the 17th Annual Bayboro Windship Regatta Saturday, April 2. This race, featuring cruising and spinnaker class yachts, will leave Haney Landing and race off to the Pier. Festivities on the campus will include a Safe Boating Presentation, Easter Fest for children, live entertainment and boating displays. After the race, events will feature a pool party with food, entertainment and an awards ceremony. For more information, call 893-9597.

HANEY LANDING

USF-St. Petersburg's Haney Landing will be the launch site of the Women's Sail-Out Day March 5 and the Bayboro Regatta scheduled for April 2.

Area restaurant adds personal touch

By Julie Richardson

Living in a land of tourists, dining out often takes us into an impersonal maze of mall food courts and chain restaurants. We yearn for a place with familiar faces and a friendly atmosphere.

But at Clearwater’s Mexico Grande restaurant (1874 N. Highland Ave., 461-3714), owner Dick Pickering says 80 percent of his customers are locals and with good reason.

“I want my customers to feel at home here,” Pickering said. “I like adding personal touches like the TV, Pac Man game and newspapers because I want our customers to feel relaxed. Most customers know us by name and know that Mark (Pickering) is a licensed fishermen by looking at the cash register.”

At the front counter, customers see Mark Pickering with a 67-pound grouper catch, along with newspaper clippings of bay area fishing news.

Mexico Grande occupies a stucco building, modeled after a Mexican fort. It’s somewhere between a fast-food place and a full-service restaurant.

Pickering takes a no-frills approach to service. Customers order food at the counter, take a number and wait to be called. Pickering decided against hiring servers to keep prices down.

“We have been times when people turned away when the saw the ‘Order Here’ sign over the front counter,” Pickering admitted.

Customers quickly learn something about the Pickergers beyond the food and ambiance. They learn the Pickergers advocate a ban on gill-netting (the nets inadvertently snare dolphins and manatees) and distribute petitions promoting its prohibition.

Pickering belongs to Ross Perot’s “United We Stand” party and provides applications on the front counter next to the fishing petitions.

“My customers don’t have to agree with my politics,” Pickering said. “They should know, however, where I stand. Getting to know what we believe in allows them to get to know us — something people don’t get to do in the vast majority of restaurants around here.”

But people don’t go to Mexico Grande simply for the family-owned environment. They like the food. The Pickergers make most items daily and use no animal shortenings.

“We slow cook our beans daily, unlike Taco Bell, which uses a powdered-base for its refried beans,” Pickering said.

The restaurant also features a plentiful salsa bar. Made fresh daily, the salsa comes in three varieties — mild, hot and “scorcho.” Customers welcome Mexico Grande’s alternative to the runny, fast-food sauces that come in packets.

When in season, Mark Pickering brings in his fresh catch daily for the Cajun-style grouper fautas, a summertime favorite at Mexico Grande.

The Pickergers desire to accommodate non-meat-eating customers helps explain Mexico Grande’s success. He estimates that almost half of his customers are vegetarians.

“We offer 30 to 40 options for vegetarians,” Dick Pickering said. “We started serving vegetarian food 20 years ago, because almost no fast-food restaurants offered any vegetarian options. I thought there was a niche in the market.”

Punk fest slated

A “Disturbing the Peace Fest” has been scheduled for downtown St. Petersburg March 18. The event will feature bands like Helium Bomb, Magadog, Genghis Fly and 3/51 O.K.

The fest, described as a “punk lalapalooza” will be held in and around Club Detroit with bands beginning at 8 p.m. Cost is $3 before 10 p.m. and $5 after 10 p.m. Tickets can be purchased at the door.

All profits will go to the Leonard Peltier Defense Committee.

For more information, call 898-1244.
Student Business Association

There will not be an Student Business Association meeting March 15. The SBA welcomes you to its next meeting at 4:30 p.m. Tuesday, March 22 at the CAC. SBA is very pleased to welcome Thom Tremaine, vice president and controller at Raymond James. Tremaine will discuss working with an investment firm. Refreshments will be provided.

Student Council for Exceptional Children

The SCEC has car washes scheduled from 11 a.m. to 3 p.m. March 3 and March 19 at the Rutland Plaza McDonalds. Cost is a donation.

Student Education Association

If you are in the College of Education, you will not want to miss our next meeting. Gene Olson from the Marine Science Center at USF will be our guest speaker to discuss strategies on how to teach science, particularly about space. Science can and should be an interesting subject for students. If you want to know how to engage students and keep them interested, and what materials you might use in your curriculum, come and listen to our guest. Feel free to bring in any questions you might have about teaching space. Not only will be present his strategies, but he will also have with him a full table of materials to display and manipulate. You will not want to miss this meeting. The date to remember is March 3, at noon to 12:45 p.m. in Davis 215. Remember we will be serving light refreshments.

Student Government

The next Student Government meeting is scheduled for 4:45 p.m. Wednesday, March 9 in the Campus Activities Center conference room. One topic for discussion at the meeting will be USF-St. Petersburg’s involvement in the upcoming Festival of States Parade. For further information, contact SG at 893-9144.

Campus Women’s Collective

The Campus Women’s Collective will be holding a planning meeting from 4-5 p.m. Wednesday, March 2 in the Campus Activities Center club room. All members are invited to attend. A sail-out for women will be held from 9 a.m.-noon March 5 at Haney Landing. Call 893-9997 for reservations.

A Clotheline Project Shirt-Making workshop will be held from 1-5 p.m. March 11 in Davis 108. A planning meeting is scheduled for 4-5 p.m. March 23 in the CAC club room. All members invited. An end of the semester pot-luck will be held from 4-8 p.m. April 6 in the Bayboro Cafe. There will be a surprise feature film and discussion. For reservations call 821-0770 or 893-9129.

The club will elect officers from the Moyer’s Great Strides log for listing Great Strides.’’ The program incorporates activities on campus, such as the noon walking group, step aerobics, Tai Chi and yoga classes, which have a nominal charge.

A Great Strides Time-Out program March 8 focuses on nutrition, featuring a demonstration of low-fat, stir fry cooking and “heart healthy recipes. Building and flying a kite as an exercise in stress reduction will highlight Time-Out Tuesday, March 22.”

To round out the Great Strides program, an awards ceremony in April recognizes participants’ achievements. “Generally, if people stay with the program from January to April, they are more inclined to continue those activities in the months to follow,” Beaudreau said.

Program taking Great Strides toward wellness

By Ola Siefert

Mike Moyer, a doctoral student in the USF Department of Marine Science, gets plenty of exercise because he rides his bike everywhere. Active in his church, Moyer feels his spiritual life is healthy as well.

But understanding that there are many aspects of wellness, Moyer, along with 40 other USF students and staff members, recently signed up for the Fitness Center’s Great Strides in 1994 program.

Created to highlight various aspects of people’s lives, the free program provides an opportunity for participants to examine the physical, spiritual, social, financial, emotional, intellectual, sexual, environmental and occupational sides of life.

“The important thing about this program is that anyone can do it,” said Sheri Beaudreau, manager of the fitness center. “We leave it up to the individual to determine the areas where they have needs.”

Participants choose an area or two for improvement; the program helps them redirect old habits and provides motivation and support.

A contract, that participants fill out at the beginning of the program is an integral part of the process. It helps them identify specific areas for improvement and provides a space to note rewards for achieving their goals. The contract also includes a log for listing Great Strides activities and the name of a support person, usually a friend, who provides encouragement.

A lot of wellness is “just common sense,” Moyer said. But he was intrigued by the idea that people define “improvement” in a particular area different ways.

For instance, some people feel the need to cut back on their social life. Moyer’s Great Strides goal was to do just the opposite. He committed to interacting more with his fellow students in marine science.

Wearing wire-rimmed glasses and sporting what he claims is “the longest beard you’ll see on campus,” Moyer said, “It’s easy to isolate myself because I get so involved in doing my job.” His job involves studying scallops, particularly the reproductive system of calico scallops.

So part of Moyer’s Great Strides contract included a commitment to meet fellow students at Happy Hour one Friday a month at the Tavern on the Green. Because he could work “right through lunch every day,” he also made a contract commitment to have lunch at least once a week with other students.

Moyer said the contract “reminds me to keep my commitment.” The Great Strides program incorporates activities on campus, such as the noon walking group, step aerobics, Tai Chi and yoga classes, which have a nominal charge.

A Great Strides Time-Out Tuesday program March 8 focuses on nutrition, featuring a demonstration of low-fat, stir fry cooking and “heart healthy recipes. Building and flying a kite as an exercise in stress reduction will highlight Time-Out Tuesday, March 22.”

To round out the Great Strides program, an awards ceremony in April recognizes participants’ achievements. “Generally, if people stay with the program from January to April, they are more inclined to continue those activities in the months to follow,” Beaudreau said.

Imperial Order of Bovine Sojourners

This new club has been formed as a travel and history club and they plan to take monthly trips around Florida and the world. For membership information, call the Recreation Office at 893-9997.

Student Accounting Organization

The Student Accounting Organization will be holding the following meetings: from noon to 1 p.m. Tuesday, March 1 at the Campus Activities Center with Jeanenne Bittering, CPA, at Harper, Van Scoik & Co. speaking; from noon to 1 p.m. Tuesday, March 8, at the CAC with Paul Tigner, CFE and CPA, at Syrett, Meshad, Resnick and Lieb, attorneys speaking; and from noon to 1 p.m. Tuesday, March 22, at the CAC with Cheryl Hazelwood of Becker CPA Review speaking.

Sailing Club

The USF-Bayboro Sailing Club has announced its spring semester schedule. Meetings will be March 4, March 25, April 8 and April 22. All general meetings will be at 5:30 p.m. in the Bayboro Cafe. Food and refreshments will be served.

The Sailing Club also has planned as events: a sail-out to Snell Island in February, a work day on Haney Landing in February, a 1 p.m.-inter-club work day on Haney Landing in preparation for the Windship Regatta followed by a meeting and pool barbecue for all clubs, an advanced sailing clinic March 25, the 1994 Bayboro Windship Regatta April 2 and a year-end banquet. For questions call, 893-9597.

For ad information contact John at 893-9596
Business major sews environmental oats

By Michele Murray

Kristin Mullholland, 22, a USF business major, wanted to help the environment. When an oil spill washed on local beaches last summer, she tried to volunteer for the cleanup, but she found it was being handled only by professional crews. A local business owners suggested that Mullholland look into the Pass-a-Grille beach restoration project, which involves planting endangered sea oats to help curb beach erosion and encourage formation of shore-protecting sand dunes. Mullholland found the planting usually takes place in the spring, but she was able to get a permit that allowed her to start immediately.

"I have grown up in a time when global concern was written, spoken and thought about," Mullholland said. "However, I have felt that I could not do much of anything. The realization of all the things going wrong with our planet did not instill motivation, but rather a feeling of helplessness and hopelessness. Overall, I think that I was numb." The sea oats project enabled Mullholland to abandon the same excuses she used to put off getting involved. The first part of the project involves raising funds to purchase sea oat seedlings, which cost about $1 each. Mullholland went door-to-door asking for support. Optimism by people she spoke to and their donations raised her spirits and made her determined to get the job done right. She set aside two days for actual planting.

"At first, I have to admit, I wasn't too happy about giving up a weekend, but I found out that it was actually a lot of fun, and really inspired interest in passer-by."

Through her research, Mullholland found that sea oats are "nature's natural barrier against storms and beach erosion, and that they are an endangered species protected by the federal government." The project has been a success, although Mullholland was dismayed recently when she spotted someone dividing the same number of signs that said not to pick sea oats.

"It's time to start thinking about the consequences of our actions when they affect the environment," she said. "It's time to start doing something for the environment."

---

**Campus Log**

**Wednesday, March 2**
- The Bayboro Lyceum series, in honor of women's history month, is presenting "Margaret Sanger: A Play With One Actor," written and performed by Irene L. Miller at noon in Davis 130. For more information, contact 893-9596.

**Thursday, March 3**
- An Orientation to On-Campus Recruiting workshop will be held from noon-12:30 p.m. and from 5-5:30 p.m. Placement materials will only be given to a student after attending this seminar.

**Saturday, March 5**
- A "Sheep to Shawl" event will be held from 11 a.m. to 3 p.m. at Heritage Park. Traditional spinners and weavers from the Pinellas Weaver's Guild will work the wool from sheep as they were sheared, transforming the raw material into a finished garment.

**Monday, March 7**
- Barry Lynn, attorney and executive director of Americans United for Separation of Church and State, will lecture on school reform at 6 p.m. at the CAC.

**Tuesday, March 8**
- The Health and Wellness Programs: Time Out on Tuesdays will be held from 11 a.m. through 1 p.m. in Davis Lobby. This week's topic will be low fat cooking.
- A documentary produced by Alice Walker, "Warrior Marks," will be shown at 6 p.m. in Davis 130.

**Wednesday, March 9**
- Bonnie Whitehurst will perform and lecture on "Florida's Musical Traditions" at noon in Davis 130 as part of the Bayboro Lyceum series.

**Thursday, March 10**
- A live broadcast of Patricia Ireland's "NOW More Than Ever," keynote address in Tampa will be shown from 8-9 p.m. in Davis 138.

**Friday, March 11**
- The Tampa Bay Clothesline Project workshop offers women a chance to "break the silence about violence toward women" by creating a shirt to be displayed in Straub Park March 19. The workshop will be held from 1-5 p.m. in Davis 108.

**Saturday, March 12**
- A performance in Heritage Park, "A Pitcher Full of Cream," will be presented by Betty Jean Steinshouer. This one-woman dramatization about the life of author Marjorie Kinnan Rawlings will begin at 1 p.m.

**Monday, March 21**
- Allyson Tucker, manager of the Center for Educational Policy at the Heritage Foundation, will lecture on improving the nation's schools at 6 p.m. at the CAC.

**Tuesday, March 22**
- The Counseling & Career Center will hold an orientation to On-Campus Recruiting to explain the procedures for participating in on-campus employment interviewing. Placement registration materials will be distributed only after a student has attended this workshop scheduled from noon to 12:30 p.m. and from 5-5:30 p.m.

**Wednesday, March 23**
- The Bayboro Lyceum series lecture, "A Land Remembered," will be presented by three-time Pulitzer Prize winner Patrick Smith at noon in Davis 130.