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College internships provide "real world" experience

Internships through USF can prove very useful to your future job search.

Fabiana Conrad
Nest Contributor

A college diploma isn't the only thing it takes to land the job you want. If you believe this is so, you may want to rethink your summer plans.

According to Matt Kerr, director of the career development center, more and more students are finding out that summer internships can give them the necessary practical experience and contacts that prove invaluable in the job search process.

He says the most attractive candidates are those who "know the particular industry, know the opportunity, know what they're getting in for, and want to get into it anyway!"

Internships can give students the chance to learn the practical skills they'll need in their chosen career field.

"Perhaps more importantly, an internship can help them decide if they chose correctly in the first place," said Kerrie Simons, a graduate student in journalism at USF-St. Pete.

"There's a big difference between picking a major because it sounds good in the course catalog and actually working in the industry," she explained. "The experience can show them they're going in the right direction or it can turn them around and head them screeching for the first door out of there."

She offered an example. "Once, when I was the editor of a magazine, I hired an intern for an assistant editor position," Simons said. "She was going to major in journalism and I thought it would be a great way for her to get some experience. Well, liking writing and knowing some grammar skills is one thing; working under the pressure of deadlines for a publication is a whole other ball game. Less than three weeks into the internship, she quit, citing she couldn't handle 'the mad dash and frantic pace.' I have always loved those words because she worked for us during our magazine's 'down time,' but it does prove a point: Internships are not just good for your future, they're good for your present. They can be a real eye-opener about your career. You might find the practical experience tends to get the interviews you're looking for."

"It is the internship makes it easier for them to land the dream job later. That's partly because, according to Kerr, those who have had the practical experience tend to get the interviews easier than those who don't. And, as many prospective employers will tell you, students are at an advantage if they have had some type of pre-job training. Experience internships can provide.

"Of course, an internship, while being a real asset on a student's resume, does not always ensure a full-time job."

Sara Lesch, a recent graduate with a marketing degree, "I worked as an intern (my last semester before I graduated) at a radio station in the marketing department. I worked really hard and was expecting a good job offer from them. Instead, they offered me a job as a sales assistant starting at $18,000. This is not exactly the type of

Please see INTERNSHIPS on page 4

Fencing: A sport rich in history and tradition gains in popularity

A recent competition at USF attracted fencers from all over the state.

Marjorie Stephens
Nest Contributor

The sound of clashing steel could be heard when passing by the Campus Activity Center on the weekend of January 31 and February 1.

"Were pirates invading the St. Petersburg-Tampa Bay area a week early?" No, it was the sound of the Gasparilla Fencing Classic hosted by the USF Fencing Club and Coach Bruce Darling. Darling is also Editor-in-Chief of Veteran Fencers Quarterly.

Fencers from all over the state came to participate, including clubs from the University of Florida, Dunedin, Orlando, Evangel Fencers, and the Tampa Fencing Academy.

Competing at the Classic was Andrew Stroud, a young fencer who coaches and is a member of the USF Fencing Club and one of the best fencers in Florida.

At age 16, he is preparing for the summer Olympics in Sydney, Australia, in 2000 and for the 2004 Olympics as well. Andrew is supported by the whole family in this endeavor.

His parents, Norman and June, were cheering him on at the Classic, as well as his sister, Amanda. They spoke proudly of his fencing skills and his Olympic dream.

Mr. Stroud said that Andrew is well-registered for the Olympics because a fencer peaks in his mid-20's. Andrew will be 18, a prime age, at the games in 2000, and 22 in 2004.

Andrew got a taste of his future competition when he and fellow USF Fencing Club member Jeremy Brus competed in the Junior Olympics in Oakland, California, on Feb. 12 at age 13, winning in his mid-20's.

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If you have a resume or cover letter you would like to have critiqued, or if you just need a little advice on how to better target your information, drop them off in the Resource Library, fax them in, or mail them in. We will mark suggestions and make comments, and return your documents to you within the week. If you would like a short, face-to-face meeting, you may stop in at the USF Campus Center on March 25. The Resource Library has several resume/cover letter writing books. We have also found some great examples in the NACE Job Choices magazine that could be helpful in setting

Please see RESUME on page 4

Get some useful tips for those resumes and cover letters.

Amy R. Hopkins
Assistant Director of the Counseling & Career Center

Last spring, right about this time, the Counseling & Career Center experimented with a new service. Although we already provided resume writing and critiquing assistance, a few days prior to Career Expo '97, we offered a concentrated "walk-in" resume and cover letter critiquing service. We liked it so much and received so many letters requesting that we have decided to offer it again. So without further ado, let me declare Monday, March 2 to Friday, March 6 "Resume Critique Week!"

If you have a resume or cover letter you would like to have critiqued, or if you just need a little advice on how to better target your information, drop them off in the Resource Library, fax them in, or mail them in. We will mark suggestions and make comments, and return your documents to you within the week. If you would like a short, face-to-face meeting, you may stop in at DAW 113 between the hours of 3 p.m. and 5 p.m. on any of those days and we will make an appointment with you one-to-one.

In addition, we offer several resume-related services with which many of you are unfamiliar but that you may want to use. For example, perhaps you have never really written a resume and need some assistance in getting started. Did you know that each semester the USF Career Center offers a resume writing workshop for beginners? It's called "Making Contact: Writing the 'Right' Resume" and reviews the principle types of resumes and cover letters. It includes discussion on how you can evaluate your own resume and make important choices about what information you might and/or might not want to include.

If you would like to have a resume ready for the Career Expo '98, why not sign yourself up for the workshop on Tuesday, March 2? That way, you will be able to work on it during Spring Break... plenty of time to get it put together for the Career Expo on March 25.

Maybe with your busy schedule, you are not able to attend a workshop. Were you aware that the USF Library has several resume/cover letter writing books? We have also found some great examples in the NACE Job Choices magazine that could be helpful in setting

Please see RESUME on page 4
Racism remains one of America's worst sins.

Kevin Powell
Race Matters

First it is President Clinton's "Initiative On Race." Then it is Steven Spielberg's Amistad, the director's controversial film about an 1839 slave rebellion. One day it is Denver Broncos killing a black woman. Tomorrow it may be another black man in Anytown U.S.A. being assaulted by the police. Whatever the scenario, racism, from my perspective, remains one of America's great sins.

While I certainly applaud the efforts of the president, Mr. Spielberg, and other well-meaning individuals to explore America's racial terrain, it also goes without saying that no amount of town meetings or films will seriously undo the racial fear and confusion this nation has juggled around since its inception. Not until those town meetings and those films become mandatory and available for all Americans, in school, at church, even during primetime TV hours. And not unless we use those town meetings and those films as a starting point, and not an end in and of themselves.

Otherwise many black Americans, I think, will continue to be skeptical of President Clinton's motives, and many white Americans, particularly those who are so in denial about racism's existence, will continue to regard both the president and Mr. Spielberg as knee-jerk liberals forcing "old issues" again.

But race is not an old issue, not when it endures as the principal way many view a black woman. Tomorrow it may be another knee-jerk liberals forcing the police. Whatever the scenario, racism, from America's worst sins.

Kevin Powell is the author of Keepin' It Real -- Post-MTV Reflections on Race, Sex, and Politics. His articles, essays and reviews have appeared in Vibe, Rolling Stone, Essence and The New York Times, among other publications. Powell was also an original cast member on MTV's docu-soap "The Real World" (New York City). And he is the co-founder/Chairman and CEO of Get Up, Inc., a non-profit organization whose initial goal is to create awareness of key social issues among young Americans.

Martin Luther King: A Legacy of hope

Archie C. Epps III
Harvard Crimson, Harvard University

I (W-H) Cambridge, Mass. -- I would like to describe an event that returns to me in memory from the past: A visit to the South many years ago, when I found myself carrying with me some sense of where I was, but not a particular young nation still forging an identity and a future.

That we have been through slavery, the Civil War, legalized segregation and the Civil Rights Movement says that there is a history of very painful growth. That the president has called for "a national dialogue" that says, we too, as workers, women, and deeds, have so much more growing to do. That is a view American history of any epoch as ancient and irrelevant to our present and our future says that we really don't know our country.

The America that I know, the one where rap music has become the soundtrack for disenfranchised race and the one where up outs of control as drugs, violence, self-hate, and death befall its borders on drug's linga language. The America that I know, it is an America that spits out as black college students on predominantly white college campuses habitually "segregate" themselves, as I did at Rutgers University a decade ago, in their dorms, in their organizations, in their selection of seats in classrooms, and even in the school cafeteria, because those students feel, like I did, that they are not wanted, that white students believe they are there simply because of "preferences" or "quotas.

It is that America, the one founded on the very dysfunctional relationship between white and black, that the president, and others, have tried to take in the hardest terms imaginable, for the turmoil we are carrying, consciously or not, into the 21st Century.

Politicians and social pundits aside, when I peck outside my window onto the Harlem streets, I see it all, I see rage, and I see people -- black people -- who have migrated from the South and from the Caribbean, who are miserable and who have little or no clue how to transform their lives.

A quick ride downtown and I see comfort, happiness and peace in the pristine white neighborhood.

The striking disparity begs several questions: like, how much does race and racism determine where I can live, the services my community does and does not receive, and why only those who have only come to Harlem in large numbers when about a tour bus? President Clinton, at his first town meeting in Akron, Ohio, suggested that we need to change perceptions, I concur. But I also think we need to make it possible, with local and national programs, and with our humanity, for us to see our commonness, in spite of race. That means we must be willing to accept the fact that each story told is valid and that each one of us can and should struggle, mightily, to destroy the racial divide.

Otherwise, the mindset which sees me as different from you because of my skin color, and our ways of speaking and acting, in one form or another, will surely follow that mindset. That is tantamount to America's downward spiral into deep racial chaos.

Kevin Powell is the author of Keepin' It Real -- Post-MTV Reflections on Race, Sex, and Politics. His articles, essays and reviews have appeared in Vibe, Rolling Stone, Essence and The New York Times, among other publications. Powell was also an original cast member on MTV's docu-soap "The Real World" (New York City). And he is the co-founder/Chairman and CEO of Get Up, Inc., a non-profit organization whose initial goal is to create awareness of key social issues among young Americans.

Archie C. Epps III is Dean of Students at Harvard University.
Kids these days
Kearrie Simmons
Next Editor

What is it with young people today?
First, there’s their complete inability to dress themselves properly.
You know what I’m talking about. They run around with pants that have the back pockets down to where their knees must be. And the crotch of the pants is somewhere around their chin.
Then there are the shirts. Big, baggy, full-length shirts. Some of them are so long, they almost seem to halt them.
Could technically be worn to the prom, they’re so long.
And how about those caps? They’re sideways or backwards or half-off, but they are absolutely never, ever facing straight.
Where do they shop their? Rags R Us?
And where are their parents when these kids leave for school? Support groups?
And don’t get me started on their hair. Apparently, in the 90’s, you had to be bald, the cooler you are. If it’s true more teenagers are going for the “bald” effect, they’re on the right track by not shaving.
And has any scientist ever done a study on how many places the human body can be pierced? I saw a guy who has five....count them five...meaning thangamies in his eyebrow. I can’t even stand picturing me alone piercing them. And my rings? How is this sexy? I got to show you just hear that 911 call? Where the next person is going?

“Help, over here.” Of course, my ramblings may cause more reaction than just rolled eyes to downright nastiness.

This, of course, makes the story of Selma, the atomic bombing of Japan, the Holocaust and other historical skirmishes of our brief sojourn here on earth (this is not a column, but a column by the way), the ordinary citizens of these societies did not protest the horrors their societies committed.

In the Disney version of history, this is explained by the fact that all of the ordinary citizens were just evil, mindless sheep (stress the “other”) of the German’s in Nazi Germany, all of the citizens of Selma, all of the builders of the atomic bomb, were filled with a grotesque and uncomplicated evil.

This, of course, makes the story of Selma rather easy. It makes it only a few steps from an account that has the African-Americans running about in fever, the police looking dangerous like the citizens of whatever nation the United States is at war with and the ordinary citizens of Selma dancing around their living rooms singing racist songs.

To make it really Disney, all we would have to do is throw in a heroine, some romance, a singing pencil on the register table and a very formulaic plot.

We are in on a kickin’ fun, but I have a serious point to make here.
The white citizens of Selma were probably, excepting their very ugly race prejudice, ordinary people. They were probably familiar with the Holocaust and slavery and many of them probably opposed both. Their problem was not determining right from wrong in any society, but determining right from wrong in the society that had shaped them.

By failing to recognize their society’s influence over their behavior (an influence that they did not have to deal with when evaluating the Holocaust), they failed to fight the biases to which they were susceptible.

The problem is social conditioning.
From the moment we are born, in the last breath we take. We are deliberately taught how we are supposed to act and what we are supposed to believe by society.

Dependably as we would like to believe ourselves to be, many of our deepest beliefs about right and wrong are reflexive social actions, a product of an environment in which we are reared again and again to honor certain social allegiances and to treat as incorrect certain assumptions and reactions.

And to imagine, by the way, often safely unchallenged under the name of “common sense.”

Even though I despise racism, I believe had I been alive and white in Selma, 1963, I probably would have been on the wrong side of that courtroom line. In fact, I believe our historical evidence seems to indicate that the only thing that kept me from participating in any of the monstrous crimes of history is my fortunate birth in a society that sees those crimes for what they are. Likewise, any participation in the crimes of my generation and country would probably be a product of my social reflexes and biases.

Unless I fight them. Something which brings me to a question.

What I personally want to know about the white citizens of Selma, South Carolina, which is sadly missing from the accounts I am aware of is what they should have done to learn the errors of their actions. Because, if they could have surpassed the faults of their societies, maybe I will be able to use this knowledge to surpass the faults of mine.

And even if I fail miserably, at least I will go down fighting rather than being led quietly along by the rope of “common sense.”
he was not wearing the long white socks that are part of the fencing uniform.

The history of fencing in Europe goes back to ancient times, where it was a military skill. However, the sport as we know it today is a fusion of art and sport. According to Carlebank, "we are sure not what you might call 'technical experts' here, and are unable to teach you how to use a computer from scratch, we can certainly help you find your way into MS Word or MS Works to produce your own attractive resume."

So go on and check all these great services out. Ask for some advice, sign up for the workshop, survey the book resources, and use the equipment. Our hours are Monday, Wednesday and Thursday from 9 a.m. to 6 p.m., Tuesday from 8 a.m. to 6 p.m., and Friday from 8 a.m. to 5 p.m. We'll see you there.

Crow's Nest

We're looking for a few good writers! Call our office at 553-3113.
RESEARCHER REVIEW

Naomi O. Tombs, University of California

Naomi O. Tombs is a professor of psychology at the University of California, Berkeley. Her research focuses on social cognition and the role of language in social interaction. Tombs is known for her work on the psychology of language and the social context of communication.

Naomi O. Tombs' research has explored a variety of topics, including the role of language in social cognition, the influence of social context on communication, and the psychological processes underlying social interaction. Her work has been published in several prestigious journals, including the Journal of Personality and Social Psychology, the Journal of Experimental Social Psychology, and the Journal of Communication.

Tombs' research has been funded by several organizations, including the National Science Foundation, the National Institute on Aging, and the American Psychological Association. She has also received several awards for her research, including the Outstanding Contribution to Research Award from the Society for the Psychology of Language and Communication.

Tombs is a member of several professional organizations, including the American Psychological Association, the Society for the Psychological Study of Social Issues, and the International Communication Association.

In addition to her research, Tombs is actively involved in teaching and mentoring. She has taught courses on social cognition, the psychology of language, and communication, and has mentored numerous students and graduate students.

Tombs is a respected member of the academic community and has received several honors and awards for her contributions to the field of psychology. She is widely recognized for her expertise in social cognition and the psychology of language, and her work continues to influence the field of communication.

STUDENT SHOWCASE

Naomi O. Tombs' research has been recognized with several honors and awards. In 2016, she was awarded the Outstanding Contribution to Research Award from the Society for the Psychology of Language and Communication. She was also named a Fellow of the American Psychological Association in 2017.

Tombs' work has been published in several prestigious journals, including the Journal of Personality and Social Psychology, the Journal of Experimental Social Psychology, and the Journal of Communication. Her research has also been featured in several books, including "The Psychology of Social Cognition" and "The Psychology of Language and Communication."
Words on Wellness

Your bi-weekly guide to living fit... body & mind

Sandy Blood
注册营养师
counselor

common myths about exercise

Many of us decide to make a renewed commitment to exercise as the New Year begins. Some of us start our exercise program, but bring a few common misconceptions about exercise with us to the gym. I'd like to take this opportunity to shatter some of those myths, so you can be better informed about how to get to the new you.

Myth 1: “I'm exercising until I'm blue in the face, but I'm not losing any weight. I must be doing something wrong.” While it is certainly true that you must exercise aerobically (walking at a fast pace, jogging, running) to lose body fat, the simple fact is muscle is heavier than fat. At the same time you're burning that stored body fat for energy, you're also building those muscles. What should you shoot for? To have a greater percentage of your weight be lean muscle mass, rather than fat. Besides, muscle is active tissue so it burns more calories, even at rest, than inactive fat tissue.

Myth 2: “This Valentine's Day, all I got were taffy at 553-1589 to schedule an appointment for cuts and bruises.” While it might sound tempting, you shouldn't add lots of protein to your diet. The fact is most people eat too much protein to begin with. Excess protein can damage your kidneys and rob your body of calcium. Even serious exercisers isn't going to drain most people of their protein supply.

Myth 3: “I can’t do weight training. My goal isn't to gain muscle mass.” Those who look all “muscle-bound” do so because they want to look that way. They get that by lifting a lot of weight with plenty of repetition. But you can really strengthen and tone your muscles simply by doing weight training in moderation.

Myth 4: “I should exercise before I eat so I can burn more calories.” If you are 30 percent over your ideal weight, you're right. If you have less than 15 percent, you burn more calories if you exercise after your meal. But remember: don’t do aerobic exercises too soon after you eat. You could easily get yourself out of bed earlier...The morning is the best time to exercise.” If you like exercising in the morning, do it the night before. It makes no difference what time of day you exercise. One caution: if you exercise too close to your bedtime, you may have trouble falling asleep.

Myth 6: “Exercise machines will do more for me than free weights.” Not so. How effective each is depends on how well you use them.

Myth 7: “If you're exercising your tummy muscles into muscle.” You hear that a lot, probably. The truth is, no one type of tissue can turn into another type. It just looks that way. What really happens is exercise requires more energy, so your body gives it to you by burning fat. At the same time, the exercising is improving your muscle tone. So instead of having weak, flabby muscles covered with a thick layer of squishy fat, you get strong, supple muscles covered with a thin layer of fat. You look toned and terrific.

Myth 8: “Exercise can be dangerous.” Most people who exercise, don't get injured. If some- one does get injured, it's usually because he/she was exercising too much or past the point of pain. If you gradually increase the intensity and duration of your exercise program, you'll have a much less chance of getting hurt.

Myth 9: “No pain, no gain.” That's exactly how to get the injuries of Myth 8. The slogan sounds cute, but the results aren't. When your body is in pain, it's trying to tell you something. Stop. Don't exercise to the point where you have serious discomfort or are aching so badly you can't do a move. Myth 10: “I've been sweating like crazy, I need to put extra salt back in your diet.” Reducing your salt intake to the point where you're losing one and a half gallons of perspiration in a day to lose what he consumes in the food he eats. That's six quarts. Hardly anyone perspires that much, so skip the salt pills and the Caesar salad.

Myth 11: “I want to increase my muscle mass so I should add lots of protein to my diet.” The fact is most people eat too much protein to begin with. Excess protein can damage your kidneys and rob your body of calcium. Even serious exercisers isn't going to drain most people of their protein supply.

Myth 12: “If I took the time to stretch after exercising, I wouldn't get muscle soreness.” Stretching is very good for maintaining muscul­ e flexibility and joint flexibility and preventing stiffness, but it doesn't stop muscle pain.

Myth 13: “I have high blood pressure, so I shouldn’t be lifting weights.” You should consult your doctor before beginning an exercise program if you’re being treated for a medical condition such as high blood pressure. However, most people with high blood pressure can reap the rewards of weight training if the weight isn’t excessive; they frequently switch the types of weights they’re using, and they breathe properly (exhale during the “working” or “weightlifting” part of the stroke, inhale during the resting part). Remember: As aggravating as some workouts are when they keep saying “And remember to breathe!” Try breathing it for a minute. You’ll become a master of breath control, or you’ll have to hold your breath when you’re exercising or lifting weights.

Well, you made it through the myths. Were you surprised by some of them? If you ever have questions about your exercise pro­ gram, I have just one piece of advice: just want to start one from scratch and need some help, we at the Fitness Center are here for you.

And we’ve got plenty of ways to get you started. You can join our walking group Tuesdays and Thursdays at 9 a.m. or noon. You can participate in our instructed aerobics classes on Tuesdays and Thursdays from 5:30 to 9 p.m. for $5 per class. Just contact the fitness center staff at 573-1589 to schedule an appointment for an equipment orientation.

Don’t delay. Make 1998 the year you incorporate regular weekly exercise into your lifestyle.
**Classifieds**

**Clubs/Organizations**

**Dive Club**

The USF Dive Club meets the first Friday of every month at 4 p.m. in the MBL Lounge. Everyone is welcome, certified divers or not. For more info, call Jennifer at 553-1649 or e-mail: jarril@seas.marine.usf.edu.

**Fencing Club**

The USF Fencing Club meets every Tuesday night at 7:30 p.m. in CAC Room 109. Newcomers are welcome and equipment and instruction are available at no cost. Sign up at the CAC front desk or leave a note for Bruce Darling at the CAC.

**Flying Club**

Regular meetings are on the third Thursday of every month from 5 to 6:30 p.m. Refreshments and snack-type foods will be served. Come and join us for aviation education, interesting tours, fund-raising projects and group flying activities. Watch for the announcement of an organized tour of the Air Traffic Control Tower and Flight Service Station. Join us in our goal to purchase a flight-training simulator. You can call Bruce Darling at 553-1599 or e-mail: boehme@seas.marine.usf.edu or golson@seas.marine.usf.edu. Or call Gene Olson for more info at 581-1100.

**Omni Cultural Society**

The Omni Cultural Society pledges to extinguish cultural misconceptions through positive social interaction. Upcoming February meetings and events include: Wednesday, Feb. 18 at 5 p.m.—Learn about African-American Kwanzaa Celebration. CAC 133; Tuesday, Feb. 24 at 5 p.m.—Board meeting in Davis Lobby. Check the bulletin board in Davis Lobby for updated meeting times and locations or call 821-3245 for more information.

**Phi Theta Kappa (Alumni)**

Phi Theta Kappa members are invited to attend bi-weekly meetings on Mondays at 4:30 p.m. in the Financial Aid boothroom in Bayboro Hall. Upcoming meeting dates are February 16 and March 2. Call PTK advisor Jennifer Clark for more information at 553-1128.

**SAB**

The Student Activities Board holds bi-weekly meetings on Mondays at 4:30 p.m. in CAC room 133. Upcoming meetings are on February 23 and March 9. All students are welcome to attend and express their ideas for campus events. SAB is looking for a new student coordinator of events (possibly more than one needed) and also needs volunteers for Easterfest, Saturday, April 4 from 11 a.m. to 3 p.m. Call SAB at 553-1599.

**SABO**

SABO (Student Accounting & Business Organization) meetings are held every Wednesday at noon in Davis 130. For more information, page Lara Manning at 426-0415.

**Sail Club**

The Sail Club meets every other Friday in Bayboro Cafe at 5:30 p.m. The next meeting date is Feb. 20. Call Steve Lang at 553-1372 for more information or e-mail: lang@truffle.stpt.usf.edu.

**Student Affairs**

Student Affairs meetings are held Thursdays at 10 a.m. in CAC 133.

**Student Council for Exceptional Children**

SCEC meets the first Monday of every month in Davis 130. $5 lunch meeting at noon. The meeting is repeated at 4 p.m. Monday in the same room (no lunch).

**Campus Activities/Services**

**Fitness Center**

Open Monday through Thursday 7 a.m. to 10 p.m., Friday 7 a.m. to 6 p.m., Saturday 9 a.m. to 5 p.m. and Sunday 1 p.m. to 5 p.m. The Fitness Center has 14 Nautilus machines, a Paramount multi-exercise machine, Lifesteps, Lifecycles, treadmills, a rower and free weights. Aerobics classes Tuesday and Thursday at 7:30 a.m. and 5 p.m. in the CAC Aesthetics Room. Call 553-1580.

**Health and Wellness Counseling**

The Counseling & Career Center offers information on counseling and exercise on fitness, weight management, wellness assessments, cholesterol issues, cardiovascular health, substance abuse (including smoking), and sexually transmitted diseases. For more information, call 553-1129.

**Outside Theater By The Bay**

Free movies for students and staff. Bring a lawn chair or blanket and join your friends outside Davis lobby by the water. Check your SAB calendar for dates, movies and times or look for the latest info on the back page of The Crow's Nest.

**Test Help**

USF offers 1998 Spring test preparation courses on the St. Pete campus. The GRE Math Skills Review will be offered Saturdays from 8 a.m. to noon from Feb. 21 to March 28 and The GRE Verbal Skills Review will be offered those same dates from 1 p.m. to 5 p.m. Each GRE course is $200. For more information, call 934-5201.

**Victim's Advocacy Program**

The Victim's Advocacy Program is available to assist all USF students or employees who are victims of actual or threatened violence, including but not limited to battery, assault, sexual battery (date rape, acquaintance rape, stranger rape), and attempted battery. Police reports are encouraged; however, reports are not required for information and referral assistance. The Program provides crisis intervention, referral to community-based victim assistance programs, help in resolving academic problems resulting from victimization, assistance during campus judicial process, and referral for counseling, medical, legal or social service assistance. If you need them, please contact them. DAV 115 or call 553-1129.

**Job Opportunities**

**Florida National Guard**

Call to find out how you can get 100 percent tuition exemption for college by joining the Florida National Guard. Contact Sergeant First Class Al Pellicano at 891-2099.

**The Crow's Nest**

Need a chance to get published in a non-threatening environment? We don't have eons the size of the Grand Canyon, but we are in fact some of the greatest people you'll ever meet. Want to write for us? Maybe you can write, but just can't think of what to write about. Believe me, we have a list of possible assignments ten pages long; we just need people to cover the ideas for us. What do you say? It's a volunteer opportunity that will look good on your resume. Just knowing us...that's all the incentive you need. Call 553-3113.

**SAB**

SAB is looking for a new student coordinator of events (might be looking for more than one person to fill this slot) and also needs volunteers for Easterfest, Saturday, April 4 from 11 a.m. to 3 p.m. Call SAB at 553-1599.

**Services Offered**

**Proofreading and Writing Services**

Proofreading and copyediting for them and/or content. Essays, theses, reports. Writing services: Resume, technical and business communications, etc. 15hr. Estimates given. Quick turnaround. Can work from hard copy or disk. Lynda, 448-0183.

**For Rent**

**Downtown Rentals**

The Shalvey Ann Hotel: for rent, a select number of suites and rooms only for USF students and friends. Rooms start at just $300/mo. Daily and weekly rates are also available. Call 821-2759 for more information.

**Garage Apartment**


**Classified Ads**

By the first Sunday of the month. All ads are $5.00 for 35 words or less. Two-week rate: additional words are 10 cents each. Refunds will not be issued after ad and payment are accepted.

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**FEBRUARY 16-MARCH 1, 1998**

**CROW'S NEST PAGE 7**
African-Americans celebrate heritage

The first community history fair celebrating the history and heritage of St. Petersburg's African-American communities will take place at the Enoch Davis Center from noon to 5 p.m., Feb. 21.

The history fair will feature workshops, performances and a panel discussion about the role of history in community development. The event’s special guest is noted historian John Hope Franklin, a Distinguished Professor Emeritus at Duke University who chairs President Clinton’s Advisory Panel on Race. He will be joined by well-known Florida historians and anthropologists.

The fair is just one result of the long-term USF St. Petersburg Urban Initiative, which seeks to work in collaboration with all of the city’s neighborhoods and organizations. It is an outgrowth of a two-year grassroots community history project led by USF St. Petersburg professors Jay Sokolovsky and Ray Arneman, and graduate student Eric Chripa. The project has produced a new kind of history archive established at the Olive B. McLim Community Center that will include a web-site and CD-ROM - multimedia resources which will be available through community centers and libraries. This will allow easy access for learning and teaching local African-American history.

“The idea was for local history — much of it lost or neglected — to be written by the people who lived it,” said Sokolovsky. “No one is his better qualified to chronicle the history of this community than the residents."

Activities at the fair include the opening of the "History is Now" multi-media youth project and photo exhibit; workshops on designing a web site and conducting oral family history. African dance and musical performances, a premier of the project “Bus to Destiny” CD ROM and web site, and a panel discussion.

The panel discussion from 3:30 p.m. to 5 p.m. will focus on such topics as local history versus “official history,” historians as community activists, whether the humanities shape community identity and solidarity, and the impact of history on future community development.

The Enoch Davis Community Center is located at 1111 18th Ave. S. in St. Petersburg. Call Eric Chripa (813) 526-9743 to sign up for workshops or for more information.

Volunteers Needed

Creative Clay's Daily Arts Center is looking for volunteers to help in their Daily Arts Program.

The program teaches art in all media to adults with brain injuries or who have been diagnosed as developmentally disabled.

The students are learning ceramics, including throwing on the wheel and slabwork; painting with acrylics and water colors; singing and interpreting music; writing poetry and artistic statements; and a myriad of other art forms. They also tour museums, galleries and artists' studios.

Volunteers at Creative Clay can help by: working one-on-one with the students; teaching an artistic expression they love; helping on museum and gallery tours; or working at gallery openings and other Creative Clay events.

Creative Clay’s Daily Arts Program runs Monday through Friday, from 10 a.m. to 2 p.m. throughout the year. Volunteers are asked to complete a screening. Creative Clay is located at 333 4th St. N between 1st and 2nd, in St. Petersburg. For more information, call 825-0515.