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In a recent flurry of articles and editorials by The St. Petersburg Times a controversy between USF and FAMU briefly arose and then disappeared with nary a trace. The squabble centered around these institutions rights to provide technical assistance to the south central area of St. Petersburg in an effort to undo decades of neglect. Although the conflict seems to have been largely created by journalists, an accusation was made that USF has done nothing to work with residents in the affected area. USF countered by running several projects such as the Urban Initiative where the university has collaborated with agencies and residents of the nearby neighborhoods.

However, one project was overlooked by the reporters and pundits. The Olive B. McIn Community History Project is just such a collaboration, and has been in effect since before the shooting of Tyron Lewis, October 24, 1996. Jay Sokolovsky, professor of anthropology, Ray Arsenault, professor of history and myself, a graduate student in anthropology, are working with the Olive B. McIn Neighborhood Family Center to assist community members in controlling their own historical resources.

What began as a modest effort to establish a user friendly archive where community members could deposit and access photographs, news clippings and oral testimony, has grown into a small industry. The product is not your average widget, but the presentation of a history both culturally rich and neglected. The project has involved more than 40 volunteers, and has raised more than $25,000 to further its mission. Those volunteers, including a number of youth, are currently using that money to design a multi-media CD-ROM of the community's history, a web page, a listening station for oral history, and to plan a Community History Fair with agencies and residents of the nearby neighborhoods.

Student input is needed on child care facility operations.

Stephanie Shreve
Next Editor

Beginning in May 1998, when the YWCA's family village and child development center opens, convenient, affordable child care will be available to USF St. Petersburg students.

The innovative project is a community partnership between USF, the YWCA and the city of St. Petersburg—one where everybody wins. The YWCA gets a new facility; St. Petersburg families get temporary housing; and USF not only gets child care for students, but also provides them with additional internship, research and job opportunities.

Peggy Sanchez Mills, executive director of the YWCA of Pinellas County, said the idea for the project began to gel when the YWCA needed a new building. The agency's former shelter, located on the northwest corner of Sixth Avenue and Fourth Street S., was infested with termites and not up to current building code standards. At the same time, USF St. Petersburg Dean William Heller and Student Affairs Director Steve Ritch were finding, from a student survey, that there was a great need for child care on campus.

"They discovered if they worked together, they could maximize resources. Together, they went to the community to secure approval and funding."

Architect David Valladardez designed a segmented facility—the family village and the child development center are separate, but adjoining. Robert Kasza, an architectural intern for the firm, said the child care building, which will accommodate 91 children, will have a separate classroom for preschool students, a room...
Marjorie Stephens
Next Staff

"Your Health: Body, Mind and Spirit" was the topic at a Student Activities Board (SAB) lecture Nov. 10.

Dr. Roger Kliesh and Marty Kliesh are a married couple who specialize in Naturopathy, a blend of alternative health care methods.

Kliesh explained that Naturopathy looks at the basic underlying cause of illness unlike traditional medicine, which bandages the illness. Headaches are not caused by a lack of aspirin, they are caused by a digestive problem, he said.

Kliesh says it is a question of acidity vs. alkalinity. The body is meant to be alkaline. In the diet based on the Basic Four Food Groups, three of those groups are acidic. The Department of Agriculture replaced the Basic Four with the new Food Triangle, which stresses more grains and vegetables. Although healthier, it was influenced by the powerful dairy and meat lobbies to include their products that are in the acid category, Kliesh said.

A meal that contains 145 grams of protein will cause the body to lose calcium at the very moment the meal is digested.

Kliesh said osteoporosis is a direct product of acidity, not a lack of estrogen, as many people believe.

Kliesh cited a study of the effect of regular fluorescent light and full color-spectrum lighting. Hidden cameras were placed in two classrooms. In the room that had full color-spectrum lighting, Attention Deficit Disorder went down and grades went up. In the other room nothing changed. Full color-spectrum lighting is available for about $3.25 a bulb compared to $1.59 for a regular fluorescent bulb, Kliesh said.

Marty Kliesh spoke of how emotions effect the body saying that they protect us and help us heal. Even breathing is effected by positive or negative emotions. Fear, anger or loss cause shallow breathing. To numb negative emotions people use tobacco, sugar and alcohol, she said.

Attia Saeed, director of the SAB, said, "I wish more people would come to lectures such as these. People really do need to think about alternative medicine." Even if it does not work in a certain case, it does not do any harm.

For information on naturopathy consultations and classes call Kliesh at (813) 463-9674. For information on future lectures and campus activities call the SAB Information Hot Line at 353-1840.

Coping with the inevitable

With the end of the semester near, it’s time to think stress relief.

Kaerrie Simons
Next Staff

Finals are coming, professors are looking for those last-minute research papers, and time is running out for you to pull those grades up. Stressed?

There are plenty of reasons for increased stress levels the last few weeks of the semester. The trouble is that mental stress sometimes creates physical stress.

"If you know what symptoms to look for and the ways to cope with those symptoms, a stressful time doesn’t have to mean a time of physical distress," said Dr. Lauren Davis, a chiropractic physician with Tampa Bay Health Care. "You can reduce the physical symptoms associated with stressful times first by understanding what is actually causing your discomfort." When stress pressures increase, students need to realize they change many of their regular patterns and those changes can create physical problems. "We disregard our normal patterns of life," Davis said. "We eat poorly, we ignore our exercise routines, we increase our caffeine intake, disrupt our sleeping patterns and put additional strain on our musculo-skeletal system. All of these factors can lead to what chiropractors call a subluxation."

Vertebrae (the moveable bones in the spinal column) are stacked with discs between them. To help cushion shock, reduce friction and allow for proper movement of your spine. A subluxation is the condition that occurs when vertebrae lose their normal alignment in relation to the vertebrae above or below them.

"Nerves flow out from between the vertebrae," Davis said. "The vertebrae that are out of alignment put pressure on the nerves that exit them. This leads to nerve dysfunction, which can manifest itself as headaches, illness, pain, numbness, organ dysfunction, and other symptoms."

Many students come to see Davis during midterms and finals complaining of increased headaches and lower back, neck, and shoulder pain. Davis said much of the time it’s because students are so focused on what they need to do for school, they forget what they need to do for themselves.

"Excessive studying, for example, can lead to tension in the upper back and shoulder regions," Davis said. "This pulls individual vertebrae out of alignment and also causes contractions of other muscle groups that are trying to compensate for this change in the body," Davis said.

It also puts pressure on the nerves, leading to a very common complaint during stressful times: headaches.

"Nerve flow affects blood flow to the head, so too much or too little blood flow can result in a vascular headache," Davis said.

Another cause of headaches is trigger points, which are small, isolated contractions within a muscle. "These very tight spanned areas of muscle refer (or throw) pain to other areas," Davis said. The muscles in the neck and upper back commonly refer pain in the form of headaches.

Not getting enough fluids or food, eating on the run and other changes in dietary habits can lead to inadequate nutrition. This can decrease blood sugar levels and trigger a headache as well.

And, finally," Davis said, "changing your sleeping patterns can put additional stress on your already taxed system and doesn't allow for your body to regenerate and recuperate," leading to headaches and tired, achy muscles.

But there are things students can do to help prevent these symptoms. Davis suggests:

- Take frequent study breaks. Get up and walk around and take frequent stretch breaks for your neck and back as well.
- Plan ahead for study times. Pack small nutritional snacks to take with you studying and have plenty of water on hand. Make sure you have at least eight ounces of water every two to three hours.
- Go to bed an hour earlier than your normal sleeping schedule as possible. If you must be up for long periods of time, at least take a few breaks now and then to stretch and relax, get a boost from a nutritional snack and drink water.
- If you can't maintain your normal exercise routine, don't cut out exercising entirely, just cut back on the time. For example, instead of three times a week for 45 minutes each, do two times a week for 25 minutes.
- It is important to remember, Davis said, that frequent or severe headaches and muscle and back pain can be a signal your vertebrae have become misaligned, despite your attempts to prevent this.
- "It is not necessary or practical to ingest chemicals or drugs to alleviate these symptoms," Davis said. "This is just like putting a Band-Aid on the problem. If you're having trouble, a chiropractor can help get you to the root of the problem and focus the treatment there."

Chiropractors can realign the spine by adjusting the vertebrae and treating the associated muscle groups. Then the nerves can flow freely and the body can maintain its ability to fight off illness and maintain general well-being, even in highly stressful times.

Tampa Bay Health Care offers USF students a discount. Call 813-239-0096 for more information.
for infant care, baby changing stations and a canopy-covered play area.

Ritch said the facility design was based on information from surveys done two to three years ago. The original survey showed one-third of the students needing child care said they needed full-time service, one-third needed after-school care and one-third needed a drop-in service.

In January another survey will be conducted of the current student population. Ritch and Education Professor Steve Miklo, who will coordinate the internship program with Sanchez Mills, will assemble a new committee with representatives from USF administration, student government and the current student body, to help the YWCA coordinate plans for hours, fees, internships, staffing and other policies.

Sanchez Mills said planning ahead is "wrestling with Jello." Based on the data that has been accumulated to date, she plans to allocate 75 percent of the 91 slots for USF students. There will be 12 slots for infants. All others will be divided between toddlers and older children. What the actual mix of ages will be is unknown, but Miklo assures the student-to-teacher ratio will fall at, or under what is required by the Pinellas County License Board.

Fees are expected to parallel those at other YWCA facilities — $75 for up to 50 hours of child care per week. Once a child is enrolled, the slot is reserved.

Families who earn less than $36,000 annually may qualify for a subsidy. The YWCA will work with each family to get maximum assistance, Sanchez Mills said. Every family applying for a subsidy must be certified through Coordinated Child Care of Pinellas County, Inc., a non-profit organization that qualifies child care providers and parents who need financial assistance. "Going through Coordinated Child Care you should get a better quality facility," she said, "because you know they go through certification."

There will be another schedule of rates for students who will use the drop-in service, which will allow a parent to leave their child at the facility for a few hours a week. "We will not charge for a full week," Sanchez Mills said regarding fees for the service. While she expects the facility will be open weekdays until 10 p.m., she wants to see the results of the new survey before making a final decision.

Sanchez Mills and Ritch hope the new survey will give the committee the foresight they need to accurately anticipate facility use and to make sure day-to-day operations will meet student needs. The problem other universities have had, Ritch said, "is that if it is a good program demand will be higher. The latest techniques on instruction are there. The issue now is how do you give preference?" Ritch said regarding students who are single parents and families with great financial need.

The partnership will help economically distressed families in the community by providing child care services to resident families. According to Kanaa, the family village will have 32 units: 16 efficiency style rooms with baths and 16 shares. Public areas will include a lounge and laundry. "The housing program will cater to those who have an economic need — those who are trying to get an education, or are getting first and last month's rent together," Sanchez Mills said. "It is not a domestic violence or substance abuse facility. Folks that will be living here are people with families, people finishing academic pursuits."

Sanchez Mills said that given Welfare Reform, "The responsibility of our nation is to see that child care is in place, that job training is in place, that [people] can get a job making $12 an hour — because that's what it's going to take."

Everyone involved is personally committed to making the project a successful partnership. "First and foremost, the priority is USF students," Sanchez Mills said. A 1979 graduate of USF, Sanchez Mills raised two young children while attending college. She understands the critical need for child care at USF and that student schedules are unique. Her goal, she said, is to develop a program that meets those needs.

"This is your center," Sanchez Mills said. "This project is a way to give back to the university."

While USF St. Petersburg's Student Government contributed $260,000 through the Capital Improvement Trust Fund (CITF) to build the child care center, the unnamed facility is still in need of additional funding that can be earmarked as an operational endowment.

Editors note: For information on child care subsidies call Coordinated Child Care of Pinellas, Inc. at 545-5730.
As we enter the homestretch...

If you weren’t aware, this will be the last issue of The Crow’s Nest for the semester. This issue will cover this week as well as next, setting the stage for our return to bi-weekly production in the spring.

I admit, I was one of the loudest opponents to going bi-weekly. I had such grand ideas for this paper and how it would grow; stopping weekly publication seemed a step back.

Of course, the reality of our situation soon became obvious. With such a limited staff, the burden of getting this thing out every week falls on a few individuals. The strain does become a bit much; the only relief in sight is to go back to bi-weekly production. Since we don’t expect the staffing problem to change, in fact it may get worse, this is the only sensible way to go.

And in case you didn’t know, only the editorial, production manager and ad manager positions get any compensation for their efforts. All other help is given freely on a volunteer basis.

So on that note, I will again call for help! Anyone who is interested in working with the paper next semester, please drop us a note. No experience necessary.

Even though this semester has been a bit hectic, Stephanie and I are extremely grateful for the help we’ve received from some key staff members, and I’d like to use this space to publicly thank them for all their hard work.

First, thanks go to Gloria Mastell, not only for her numerous contributions but her help in distribution and story gathering. She always helped get the actual paper on the stands at the Tavern, in Bayboro Cafe and in the CAC. Thanks also for following the sail team/athletic fees story, and for her enthusiasm and good humor. When the rest of us were weary and irritable, Gloria was upbeat and friendly. Thanks, Gloria!

Next I want to thank Kaerrie Simons. Kaerrie put in a lot of time here, again not only in her story contributions but in copyediting, generating story ideas that she passed on to writers (and acquiring the title of “idea girl;” she’s always full of them) and distribution. It was many a late night that she helped me schlep boxes full of papers around campus.

Thanks also go to our ad manager, Dave Rodrigues. Dave stepped in and took over the job right when we needed him to, and despite a hectic MBA schedule he hung in there, with and without help. Kudos, Dave!

Next on the list is Marjorie Stephens. Marjorie deserves a heartfelt thanks for her help in advertising, contributions and distribution. Thanks to her we now know what a BOV is!

No list of thanks would be complete without the writers themselves. There are several that kept contributing regularly, like Steve McClure, Tracey Watts and Greg Gass. There are several others who contributed wonderful stories — in all of you, thanks!

It can be difficult putting out a publication each week, but I think we would all agree it has been a wonderful (learning) experience.

Thanks to all of you who read the Nest (am I supposed to quip “all two of you” here?) Certainly there are more readers than that! No matter what changes the spring will bring, the good ‘ole Nest will be there . . . as long as students contribute! So keep in mind next spring, whenever your club, organization or department holds an event, to write up something about it and submit it to us. We’d like to let everyone know what you’re doing.

Thanks again to everyone who has contributed to the cause. I hope everyone has a safe and enjoyable holiday, and see you all next year.
**GUEST OPINION**

**College expands your mind, not just your paycheck**

Kari Rodgers  
Special to the Nast

Tonight as I was driving down the road, a startling new revelation smacked me right in the face! After four years of being in college, I finally knew the real reason that I am here.

I have taken many liberal arts courses during my college career, and these courses have really helped me to expand my realm of thinking. Subjects such as anthropology, philosophy and sociology have opened my mind to new and adventurous ideas. However, college has taught me much more than how to derive knowledge in order to form my own ideas. It has given me the basis to fight and stand up for any idea.

College is not about the paycheck I will receive once I have graduated. It is not about strictly being an expert in my field. The knowledge that I have gained throughout my college years is invaluable. This very knowledge allows me to fight for atheism or against it. It allows me to look at each scientific view, learn the arguments behind each theory, and stand up for, or possibly dissociate either side of the argument.

Don’t misunderstand my message. I am not trying to tell people to invalidate their religious and political views in order to become an outspoken radical philosopher. On the other hand, since the knowledge that I have gained in college allows me to take a stand for any side of “the argument,” this ability distinguishes me from people in our society who unfortunately have no idea what college can give them. I can “act as the prosecutor or the defendant,” because I have the knowledge to successfully fight for either side. This knowledge gives me power, and this power gives me my inner strength.

Being able to express my own ideas, as well as having the capability to expand on the realms of many different “philosophical concepts” has a certain beauty to it. If my four strenuous years in college have taught me one thing, it is not who is right and who is wrong, but it is exploring and understanding different ideas that is important. There is no mathematical equation that allows us to establish an exact answer in this unpredictable game that we call life.

Our culture is made up of individuals that have ideas, and there is no rule that says these ideas are not subject to change.

Being able to learn new ideas, as well as being able to defend any worthwhile concept gives me absolute liberty, and a sense of total freedom. Yes, it has taken me four long years to figure out why in the hell I have stayed up countless nights doing papers past 3 a.m. It has taken four years to mold me into the person that I am today. It has taken four years, and but I have finally figured out the absolute benefits of being in college and the gifts that education has given, and will continue to give me throughout my college career.

**ZAP EXAM STRESS!**

Pat Stone  
Counselling & Career Center

Final Exams loom ahead of you...You have 200 pages to read tonight and a project to turn in by noon tomorrow...ALL of your exams will be given on the same day. You’ve just opened the notice from the bank that your checking account balance is minus $35...Your car is making a funny sound.

You are majorly stressed. You need help.

You need a STRESS BUSTER! While some stress is good for us, ongoing unbroken stress can cause (among other things) sleep problems, high blood pressure, tension headaches, insomnia, stomach discomforts, anxiety, depression and frequent illnesses. If you are facing your final exams and becoming increasingly stressed as the exam times approach, experts suggest you will certainly contribute to that stress by keeping irregular hours, pulling all-nighters, eating irregularly or eating junk food, and relying on ineffective learning strategies.

The Harvard Law School Health Service suggests that you:

- Try to stay on a reasonably regular schedule of reviewing, eating, sleeping and relaxing starting at least a week or two before your exams begin.
- Don’t attempt to study 24 hours a day; your efficiency and capacity to retain material will rapidly decrease.
- Don’t force yourself to study beyond your normal limits of concentration — short and regular study periods are more productive than lengthy single sessions.
- Eat a well-balanced diet and drink lots of fluids. Excessive amounts of coffee may decrease concentration and even disinhibition of thought processes.
- Don’t use drugs or alcohol - they can decrease your ability to think clearly.
- Take medication only under supervision of a physician.
- Be conservative and reasonable about the demands you place on yourself.

But if your stress level is building up during the last days in your back and neck are tense and you feel a headache coming on, try one of these Stress Busters:

- Take a deep breath and hold it for ten seconds before you exhale and relax.
- Take a 20 minute walk every day — vary the routine.
- Watch a sad movie (crying is a release).
- Play a few computer games.
- Laugh.
- Take a warm bath.
- Play with a pet.

During exam week, December 4 through 10, the Counseling and Career Center has plans to help you lower your stress level by providing some "Stress Free Zones" on campus. Make a note on your calendar, or in your head, to watch for areas on campus set up for you to take a quick break. The activities will be designed to bring out the child in you and help you blow off steam and include:

- Watching vintage sitcoms.
- Decorating your own holiday cookie.
- Giving away from it all in the "Mediation Room."
- Catching a pick-up game of volleyball.
- Making your own holiday cards.
- Draw on a wall solely designed to "Express Your Exam Week Stress."

In the midst of cramming for your exam, before class or after class, take the opportunity to do something "brainless" for a few minutes. Come to a Stress Free Zone and take the opportunity to De-Stress before total Distress sets in!
Morrissey gave fans what they wanted

Popular singer excited old and new fans alike.

Michael Fellows
Special to the Nest

Playing mostly newer songs from his last two albums, and his latest "Maladjusted," Morrissey still knew how to whip his loyal followers into a steady frenzy. Grasping hands in the front two rows, taking handwritten notes from his fans, and trying to catch and flail back the multitude of gladiolus being thrown at him from all directions, the show was something to watch. His voice was in true form last night as well, playing fan favorites such as "Now My Heart Is Full" and "Billy Budd," while flinging his microphone to and fro.

Smiling and grinning, his facial expressions seemed to hide the Prince of Mope that everyone thinks he is. It was obvious that he was having a great time, and his energy was felt by everyone there. His drool comment, "I suppose you will all move to Miami eventually," was pure Morrissey humor.

At 7:45 am on Nov. 8, I approached the R/V Bellows at her mooring south of the Marine Science Building. A small knot of fellow students and guests were gathered on the quay a- stern of the 71-foot shallow-draft R/V Bellows, aboard which we were to embark for a one-day excursion in conjunction with the Introduction to Oceanography class. The air was brimming chilly.

At precisely 8 am, we went aboard and Dr. Norm Blake and Angie Dukeman gathered us on the poop deck for orientation. The crew told us what to do if anyone fell overboard, and assured us of the safety of the vessel.

I later learned from Dr. Blake, who used to spend 100 days a year on the Bellows, that her sister vessel had been lost in the waters off the coast of New England with all hands. Only the life preservers were found.

The object of the cruise was to provide the student with an experience in which they integrate material from the course by participating in actual sea quality measurements, gathering of benthic (bottom) material, plankton, and netting fauna from mid-depths of the bay.

During the orientation we learned that Tampa Bay was formed in the Hillsborough river bed during the last ice age, and remnants of the ancient river were on the west side of the present bay.

The engine rumbled as we moved out to the mouth of Bayboro Harbor and began measuring the quality of the water, not whether it was tasty or not, but the amount of oxygen saturation at various depths, the temperature, salinity, and other aspects which re-inforced what we'd learned about estuaries in the classroom.

Then it was a beautiful cruise out Tampa Bay, the wind picking up, everyone eating the continental breakfast served in the salon. Bob Linde, of Recreation and Watercraft, performed Tai Chi atop the wheel house without a safety net.

Just past the Skyway Bridges we anchored. Dr. Blake stood on the "hero platform" and lowered a simple mechanism, "unchanged in 100 years," which scooped out a bit of the bottom. As this was happening the smells of cooking permeated the vessel—a lunch of catfish chowder, salad, and view.

The bottom sample was sifted through a three-level strainer. A starfish brought ch's and sh's from the small group. But when Dr. Blake pulled out a small, translucent worm and held it up, we strained to see it. This creature, he said, was a delicacy in Japan, where one ounce sold for $100.

With that he opened his mouth to enjoy the vigorously wiggling creature. Opportunity knocked, I took a worm, examined it closely, placed it in my mouth, and chewed. No, it didn't taste like chicken, more like a salty worm.

In the salon a large television showed images from the microscopic view of the benthic material just gathered. Lots of stuff growing down there. Apparently, I'd had a worm with garnish.

We netted for plankton, saw copepods, shrimp larvae and many mini animals dabbing about under the microscope. Like miniature models for the movie Alien, they shot across the field to entertain us.

We made a rough sea run out to the lee side of Egmont Key, then returned to the sheltered waters of Tampa Bay amidst large sailboats beating their way out to sea. We lay off the east side of the Skyway, where we ate lunch.

Our final activity, netting fauna at mid-depth, resulted in the momentary capture of seven species of fish, all small, most of which made it back into the sea. One pan-sized flounder was seen being flitted.

The cruise pulled many aspects of the course together, a day of discovery and restful awareness of the wonders of Tampa Bay and the nearby coastal waters. Thanks Norm, Angie, and the crew of the Bellows.

Fishing for clues to the ocean

Introduction to Oceanography students spent a day on the water applying what they learned in the classroom.

Charles Larson
Special to the Nest
clubs/organizations

ANTHROPOLOGY CLUB
Meetings are every other Tuesday beginning Oct. 7 from 5 - 5:30 p.m. in COQ 206.

ASSOCIATION OF BLACK STUDENTS
Meetings are second & fourth Thursday of each month in DAB 138. 5 p.m. Call Karmika Burton at 866-6053 or 553-1108 for more information.

BAPTIST STUDENT MINISTRIES
Come join us Monday nights at 7 p.m. for a woman's bible study that will give you encouragement through a hectic week and come Thursdays at noon for a time of fellowship and study of God's word. If questions call Lind at 576-5509.

CROW'S NEST
Always looking for contributions. Meetings are Tuesdays at 5 p.m., CAC clubroom. Please come and join our growing club. Call Jennifer at 553-1545 for more info.

MARINE SCIENCE ADVISORY COMMITTEE
Meets the first Thursday of each month in the conference room of the MSL. Socials are held each Friday at 5 p.m. Call Terri Slifo at 553-3925 for more info.

OMNI CULTURAL SOCIETY
Meetings are every other Tuesday beginning Sept. 30 from 5 to 5:30 p.m. in COQ 200.

PHI THETA KAPPA
Meet every other Monday at 4 p.m. in the Financial Aid conference room. We are gladly accepting new members. Please come and join our growing club. Call Jennifer at 553-1545 for more info.

SPORTS CLUB
New club on campus! Join us to start a great new tradition. Call Dave at 328-8326 for more info.

STUDENT ACCOUNTING & BUSINESS ORGANIZATION
Meetings are Wednesdays at noon and 5:15 p.m. in DAB 130 unless otherwise noted. Call Laura Hoffman 381-2874 for more info.

STUDENT ACTIVITIES BOARD
Plug into SA! Help plan how your activities fees are spent on campus. Meetings are every other Monday, 4 p.m., CAC 133. New members are always welcome.

STUDENT COUNCIL FOR EXCEPTIONAL CHILDREN
Next meeting Tuesday, Nov. 4, 4:30 - 5:30 p.m. in DAB 108.

STUDENT GOVERNMENT
Meet a stipend while participating in campus decisions — applications are now being accepted for college representatives. Meetings are Wednesday from 4:30 to 5:30 p.m. Visit the SG offices in the CAC or call 553-9144.

services

INTERESTED IN STUDY ABROAD?
Visit different countries while earning course credits. Financial aid available. Call 553-3113 for more information, or the Overseas Study office at 974-4043.

TUPPERWARE
Tupperware brand products are guaranteed for the life of the product. Call consultant Nadine Henderson Price, 813/821-8516, for full line and monthly catalogs. Ask for information on how to start your own successful full or part-time business.

AFFINITY PHOTOGRAPHY
Weddings, portraits and location work available. Also environmental portraiture, birthdays, anniversaries and parties. Discounts given to students. Professional quality work at reasonable prices. Free estimates. Call 553-9007.

clubs/organizations (cont'n)

ANNOUNCEMENTS

LOST
White large toy or small miniature poodle. Found near Albert Whitted Airport. Owner please call 526-1315 and ask for Tim.

DISCOUNTED TICKETS
Busch Gardens, AMC Movie Theaters, Florida International Museum and Florida Aquarium tickets are available at the CAC at a discount to the USF community.

GREYHOUND PROTECTION LEAGUE
Approx. 30,000 young, healthy greyhounds are killed annually because they fail to turn a profit. Find out what you can do to put an end to this shameful "sport." Call 784-5529.

USF RECREATION RENTALS
Sailboats, windsurfers and camping equipment are available. Fees are minimal. Reservations taken by phone or stop by the recreation office at COQ 107. Please call 553-1597 for more information.

roommates

NEED ROOMMATE
Clean, non-smoker wanted to share new home, all amenities. Call 527-3278.

employment

JOBS • JOBS • JOBS
Positions are listed in the Counseling & Career Center's Resource Library, DAB 412.

ADVERTISING REPS
The Crow's Nest is looking for ad reps for the spring semester. Commission position. No experience necessary; just a willingness to help us grow this publication. Call 553-3113 for more information.

WORK ASSISTANT
Career & Counseling Center needs help $15.00 per hour; 15 hours/week. Knowledge of Microsoft Word. Submit resumes to Pat Stone or call 553-1129 for more info.

for rent

APARTMENT FOR RENT
Clean 2 bedroom, 1 bath. Nice neighborhood across from Pinellas Square Mall. New paint, carpet, CHA. $425/mo. For more info call Matt at 525-0921.

WATERFRONT RENTALS
The Lighthouse Retreat: for rent: waterfront, off-campus college community on Boca Ciega Bay Pool, beach volleyball, dock. $400/mo. One bedroom bungalow; $600/mo. 2 bedroom house; $525/mo. efficiencies. Call 328-8126 for more info.

APARTMENTS FOR RENT
Two miles from USF St. Pete campus. Efficiency $250/mth., one bedroom $325/mth. All unfurnished, gas incl., pets allowed, mgmt. on site. Call 827-4334 for more info.

ROOM FOR RENT
Shore Acres area, female only. Pool home on canal, cable, kitchen priv., washer/dryer, on bus line. $100/ wk. for all. Call Rebecca at 527-8200.

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buy
rent
sell
see
do

it all begins with Crow'sNEST classifieds

to place an ad

Submit your ad to: The Crow's Nest office at least one week before press date. All classified ads are payable in advance. Checks should be made payable to the University of South Florida. Personal checks should include a Driver's License number written on the check.

rates

Classified ads are free for USF students, staff and faculty. Others Single issue rate is $2.00 for 30 words or less. Additional words are 10c each. Renewals will not be issued after ad and payment are received.

rules

The Crow's Nest reserves the right to correct, classify, edit, reject or cancel any advertisement.
Sokolovsky wins Kalish Award

Jay Sokolovsky, a USF St. Petersburg professor of anthropology, received the prestigious Kalish Award from the Gerontological Society of America for a book he has written on aging.

Sokolovsky’s The Cultural Context of Aging: World Wide Perspectives was chosen for its insight by the Behavioral and Social Sciences Section of the Gerontological Society. His book was seen has written on aging.

PSTA offers reduced fare

Currently enrolled USF St. Petersburg students can apply for an ID card from the Pinellas Suncoast Transit Authority, and ride county busses for a reduced fare. Students are required to present proof of enrollment three times each year: Fall (Aug. 1 to Dec. 31), Winter/Spring (Jan. 1 to April 30), and Summer (May 1 to July 31). Proof of eligibility will be limited to a registration form, receipt for tuition or a class schedule.

Photo ID cards are available from the customer service desk at the Williams Park and Park Street terminals, or Check Express and Ace Cash outlets for $2.50. The card must be presented to the driver when boarding in order to receive the reduced fare. 

Ethics Center

100 FMU Ave. S, 533-3172. Free and open to the public.


Harry R. Moody, executive director of the Breakable Center on Aging at Hunter College and author of “Total in an Aging Society” and The Five Stages of the Soul, will talk about self-deprecatred deaths. Alzheimer’s Disease and chronic ills challenges within the context of freedom.

The lecture is sponsored by the Florida Department of Elder Affairs. Dec. 10, 5 p.m.: “Film and Discussions: In the Presence of Alive Dementia,” Peter Freisch.

After viewing the film about a cubis’s confrontation with cancer, Frisch of the Ethics Center will discuss the theme: remaining a patient while being confronted with violence.

Campus Activities Center

Second Avenue and Sixth Street S.

Dec. 9, 4:00 to 5:00, CAC 128: Student Government Meeting.

Find out what goes on around USF St. Petersburg’s student political scene. Participants in deciding how your activity fees are appropriat ed. Let your voice be heard.

Davis Hall

140 Seventh Ave. S, 533-3061

Dec. 9, 7 p.m., RM. 130: “Perfor Ward” Bradley Nickels.

USF Professor of Fine Arts Bradley Nickels will present the posters of the Spanish Civil War in a contest by looking at posters and advertisements from earlier in the century. He will compare Spanish Civil War posters to contemporary New Soviet posters.


The musical group, comprising USF faculty, staff, alumni and students, will sing holiday songs during a play set at the turn of the century.

Snell House

Southwest corner of Second St. and Fifth Avenue S.

Dec. 6, 6:30 p.m.: USF Pinellas County Alumni Chapter Annual Meeting

All USF alumni are invited to attend the reception and annual meet ing at the recently renovated historical home. Plans for the upcoming year will be discussed.

KIDS’ STUFF:

(Above left) The festival offered kids a chance to be creative with mixed media. (Above right) Aspiring cowgirls got a chance to pony. (Left) Little boys were amazed to see artists decorate faces.

submit information in writing to The Crew's Nest, Attn. Stephanie Strovo, Campus Activities Center, Room 128.

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