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Crow's Nest : 2017 : 04 : 03

University of South Florida St. Petersburg.

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Food Recovery Club gathers leftover food, changes lives

By Michele Moore Jr.
michaelmoor@mail.usf.edu

T
twice a week, anxious stu-
dents gather on the bench
corner of the University of
South Florida St. Petersburg.

The Club is attempting to do
something special, like the uneaten wraps
and supplies. Gonzalez said the
organization is responsible
for the Office of Multicultural
Affairs, said he hopes to use the
increased funding to add
more diversity training for
members of the organization to improve
social events that it hosts for
students and faculty.

The office’s budget may in-
crease the most in its operating
expenses for the MLK Day cele-
boration, which will include float
rental, updated banners, beads
and supplies. Gonzalez said the
office also plans to offer a more
fulfilling experience for the stu-
dents involved and the commu-
nity that attends the celebration.
A loser in the proposed spend-
ing plan is The Crow’s Nest. The
campus newspaper was allocated
50,155 this year and requested
52,153 for next year. Instead, it is
set to receive $42,648 — a cut
of $7,507 or 15 percent.

Devin Rodriguez, the paper’s
editor-in-chief, said Student
Government budget officials led
him to believe virtually every
student organization would be
whacked with cuts next year because of an over-
investment.

“Let’s see if this
investment really pays
off next year.”

Food Recovery Club gathers leftover food, changes lives

By Tim Fanning

The Campus Recreation
department and Office of
Multicultural Affairs stand
ready this year to get more
money next year under a spending plan
tentatively approved by Student Gov-
ernment leaders last week.

But The Crow’s Nest and
Student Government itself
would see the largest budget
cuts.

At issue is the $3.3 million
that USF St. Petersburg students
are expected to pay in Activities and
Service Fees during the 2017-18
school year. Each student pays an A&S Fee of $25.63 per credit hour or $307.56 for a full-
time student in a semester of 12
credit hours.

Slightly more than half of the
$3.3 million goes to help fund
the University Student Center,
which opened in 2012. The rest is
allocated by Student Govern-
ment, which was scheduled to
meet Monday, April 3, for a final
vote.

The plan will then be sent to
Laraine Ruiz, the student body
president. After her approval, the
budget will be sent to Dwayne
Isaacs, director of student life
and engagement, and then
Sophia Wohles, regional
chancellor of the university, for
approval. The senate has delayed
a decision which tightened the
deadline for the approval pro-
cess.

Under the tentative spending
plan, the biggest increase would be
for Campus Recreation, which
was allocated $575,450 in 2016-17
and stands to receive a budget of $682,082 in 2017-18.

Campus Recreation runs the
fitness center in the SLC, staffs
and maintains the satellite center and the Coquina Club, includ-
ing the pool. It also oversees the intramural sports offered on
campus which includes dodge-
ball, volleyball and kickball.

Greg Haverlock, campus
recreation director, declined to
comment on the Student Gov-
ernment budget process but said
The Crow’s Nest is confident
the Coquina Club, which will
be renovated this summer, will
receive what is necessary for its
operation.

He said the money will cover
the operating expenses for
the new facility, including staff,
maintenance and security of
equipment.

Another winner under the
proposed spending plan is the
Office of Multicultural Affairs,
which got $103,500 this year and
stands to receive $111,806 next
year.

The Office of Multicultural
Affairs is one of the most active
organizations on campus. It hosts
events and provides activities
and workshops that promote
diversity and inclusiveness.

The office’s budget may in-
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The Crow’s Nest | April 3, 2017

**A&S continued from P1**

all decline in A&S fee money. In the spirit of cooperation, he said, The Crow’s Nest off- ered to print fewer papers each week and stop sending editors to the annual convention of the Associated Collegiate Press, which draws 1,700 student journalists and features workshops, critiques and promi- nent speakers. Rodriguez said he was dis- mayed to learn that most other organizations stand to receive more — not less — money under the spending plan. He asked Student Government leaders to reconsider their decision before the April 3. Albert Moreno is a student senator and the chair of the senate committee on appropri- ations, a group of senators who oversee the budget process. He said that many organizations lobbied for increases to their budgets. They told SG that more money would help them combat a decline in the stu- dent population rate at USF St. Petersburg.

“Organizations say that they need to cut their operating reserves to keep students interested in USF and to keep them on cam- pus,” Moreno said. “Let’s see if this investment really pays off next year.”

Students transferring or drop- ping out of USF St. Petersburg pose a significant problem for the university. According to the Tampa Bay Times, the six- year graduation rate is just 38 percent, a little under half of USF Tampa’s. The decrease in students re-enrolling in classes and graduating, instead opting to leave the university, decreases the funds available for SG to divvy out to organizations. The reserve, Moreno ex- plained, is money from a defi- cit account, or a reserve pool for A&S money that rolled over from the previous year. This conflicts with SG’s goal to cut all deficit spending by the 2020-2021 fiscal year. A&S leaders must meet under a constitution- al amendment approved by the student body last semester.

**PROPOSED ACTIVITY AND SERVICE FEE BUDGET**

<table>
<thead>
<tr>
<th>Entity Title</th>
<th>16-17 Final Allocation</th>
<th>17-18 Requested Allocation</th>
<th>17-18 Proposed Allocation</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. DSLS</td>
<td>$154,530</td>
<td>$187,995</td>
<td>$168,332</td>
</tr>
<tr>
<td>2. HAB</td>
<td>$119,303</td>
<td>$127,570</td>
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</tr>
<tr>
<td>3. LSO</td>
<td>$142,275</td>
<td>$155,877</td>
<td>$145,601</td>
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<tr>
<td>4. Cash Flow</td>
<td>$281,885</td>
<td>$296,543</td>
<td>$30,000</td>
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<tr>
<td>5. CERC</td>
<td>$28,538</td>
<td>$30,000</td>
<td>$30,750</td>
</tr>
<tr>
<td>6. USC</td>
<td>$1,669,800</td>
<td>$1,697,400</td>
<td>$1,697,400</td>
</tr>
<tr>
<td>7. Admin Fee</td>
<td>$83,656</td>
<td>-</td>
<td>$95,821</td>
</tr>
</tbody>
</table>

Budget Breakdown: 1. Department of Student Life and Engagement: Oversees and financially advises departments primarily located in the Student Life Center. Helps advise SLO, OMA, and OMA. 2. Harbor-side Activities Board: Plans and staffs activities across campus like Homecoming, Week of Welcome and USF Week. 3. Leadership and Student Organizations Office: Provides leadership learning opportunities, service learnings and advises student orgs. 4. Cash Flow: Receive an initial investment in the reserve account (also called the deficit account) that can be utilized for emergency spending. 5. Clean Energy and Resource Conservation Commission: Leads environmental efforts. 6. University Student Center: Money paid to the USC to help fund staff and services. The USC hosts events, contains The Reef and student housing. 7. Administration Fee (6 percent): Fee that goes out the USF system administration.

**Crow’s Corner: How to be a conscientious customer**

By Lis Casanova

lis@mail.usf.edu

W orking in customer service is a trying task. Even though the jobs are, for the most part, sim- ple enough, it’s the customers that make or break your day. If you’ve ever had one of these jobs, particularly in the food service industry, I com- mend you. You’ve probably become a more conscientious person because of it, fellow servers recognize you. If on the other hand, you’ve never had a service job, it’s important to realize that the ways in which you approach, address, and interact with your servers will have a big effect on their state of mind and your own service.

Here are some tips to make sure you’re being the best cus- tomer possible.

1. **Get off your phone**

   Being on your phone while trying to place an order is ex- tremely frustrating to servers. Multitasking in this case, isn’t a good idea. If you’re ordering for other people, try to get the order from them before you get to the counter. Servers need your full attention, there are always questions they need to ask or details they need to let you know. Besides, it’s polite thing to do.

2. **Read the menu**

   There’s nothing worse than someone who’s had time to look at the menu but still arrives at the counter with no idea of what they want. Or worse, when they order some- thing the store doesn’t even carry. Servers need to work quickly and standing still while you squat over the menu with a line of people waiting behind you is definitely not efficient.

3. **Understand that servers are human.**

   Sounds self-evident to state. But, servers are only disrespect or belittled after they’ve made a mistake. We understand it’s normal to be a bit annoyed when what you’ve paid for isn’t right but there is no need to project those feel- ings. Servers are stressed and overworked. Imagine what it’d be like to wait on a customer hand and foot. Trust me, it’s not easy. Learn how to forgive and forget.

4. **Leave a tip**

   Most workers in the food ser- vice industry, particularly serv- ices and bartenders, make $5.08 an hour in Florida. Employers expect the remaining portion to be provided by the con- sumer. Even though you may feel the injustice in that, if you are contributing to the use of that service then you are indebted to your server. This also applies to coffee shops, valet, salons and other places that provide a personalized service.

5. **If the establishment is closed, please leave the premises.**

   You may not want to go home yet but servers definite- ly do. Closing down a shop, restaurant or bar can take any- where from one to three hours. By recognizing store closing hours and limiting yourself to them, you show an enormous amount of courtesy to workers. It also shows that the hard work of SG helps encourage potential stu- dents to enroll and then remain at the university.

“I am hopefulful that they hear me out,” Thompson told The Crow’s Nest. “I believe [student leadership] is vital to making a successful student govern- ment.”
Meet Duke, the library’s new blue superhero

Cars, for better or worse? The millennial perspective

Cars, for better or worse?

T

h

e newest member of the Nelson Poynter Memo-

rial Library sports four legs, blue fur and a dashing
cape. His name is Duke. Duke found his way to the
library via the Southeastern Guide Dogs Association.

By Whitney Elfstrom

welfstrom@mail.usf.edu

Duke & Duke: The two Dukes poses next to one another as St. Petersburg’s new Superheroes on Parade event. Duke’s sculpture is now stationed in the Nelson Poynter Memorial Library.

By Marilyn Bloomberg

mbloomberg@mail.usf.edu

Cars, for better or worse?

H

aving a car is a rite of passage for teens and
young adults in the millennial generation. We turned
16, we earned our driver’s licenses, we drove our parents’
cars — but what if we didn’t?

More and more young adults are finding that they don’t want the responsibility and burden of owning a car, according to Tony Dutriz and Jeff Inglis of the Frontier Group.

Some don’t want to further harm the environment. Others don’t want to pay for a vehicle and maintenance. For Kate Dalley, 26, a master’s student in the business program, the reason she doesn’t drive is simple.

“Since I am so close to work, I started riding my bike to work and quickly realized it is actually faster to ride than drive and find parking,” said Dalley.

Living in downtown St. Petersburg means many people don’t want or need to use cars. Luckily, there are numerous options for residents and visitors to get around.

They include: the Downtown Looper trolley for local trans-

portation, PSTA buses, rental bikes, electric taxis and more.

Brandon Potoczek, 24, is a senior studying interdisciplin-
ary studies. He said that he’s happy to limit the use of his car to benefit the environment.

“I feel good cutting down on my carbon footprint,” said

Potoczek. “I have been driving automatic and 5-speeds since I was 15. Living in St. Peters-
burg and being able to walk everywhere has afforded me the luxury of not needing a car.”

Ride-sharing apps like Lyft and Uber make commuting without a car easier. For the price of a minimum fare plus mileage, carless students can summon a driver to pick them up.

According to Lyft, the company completed 163 million trips in 2016. By comparison, Uber announced last year that it completes 40 million trips a month. Using Lyft and Uber often can get costly, though, especially at night when the service is most popular.

Students looking to get around for free can turn to pub-
lic transport. USF St. Petersburg students may use PSTA buses and the Downtown Looper trol-
leys as much as they want with a valid student ID.

Having options other than driving means that millennials can save money and put it towards other essentials.

Past generations have relied on cars to get around, but thanks to technological advancements millennials have more options. The possibilities for transport are pretty much endless.

For further information on how to use a USF student ID for free bus and trolley fare, visit http://www.usfsp.edu/blog/2014/10/03/free-ride-usf-sp-partners-with-psta/

I’m looking for independent drivers that want to hustle at their own pace in their own style and make some $$$.

Need cash income?

Visit www.StPetePedicab.com/drivers.html
T he teardrop-shaped home supplied just enough room for two people to lounge on the cushioned floor that also acts as a bed. Two doors were carved into the blue abode and kept open to enforce the intense need for connection with nature. Books about spirituality, photos of loved ones, and a small vase filled with flowers lined the walls of the tiny house. Despite the distinct lack of room, the little home managed to give off a welcoming aura that stayed with those who entered.

People slipped into the tiny state of mind while munching on queen Creek granola and standing in line to check out the tiny homes. Guests were also fond of basking in the sun and wandering through Eco-Village’s community garden. The 10 homes on display ranged from 40 to 234 square feet. The quarters may have been small, but the owners were mighty.

Each home was accompanied with its own stylistic spin. One house touted an early 1800s state of mind while another was a vibrantly painted house touted an early 1800s style with its own stylistic spin. One line, which were great and reflective.

Destini Crosby now shares her knowledge of holistic health with downtown St. Petersburg. Crosby, 21st Street N., the first of its kind in St. Petersburg. Crosby didn’t advocate natural healing, but many mention their efforts to live a more environmentally and financially sustainable life.

“Driving a car everywhere isn’t the way we love to live,” Liza said with a smile. “It just makes sense.”

Owners of tiny homes are motivated by all sorts of reasons, but many mention their efforts to live a more environmentally and financially sustainable life.

The duo has hopes of landing the concept for her shop, Roots of the Sun. Crosby, 21st Street N., the first of its kind in St. Petersburg. Crosby spent years manifesting the concept for her shop, Roots of the Sun, along with her co-owner Jake Galles. The two settled on the area because of its large herbalist community. Crosby and Galles are also hosting a guided meditation among other free events to incorporate wellness and educate the community.

“I turned out to be exactly what we wanted. It felt very serendipitous to have such a beautiful, whimsical roots. Crosby, 21st Street N., the first of its kind in St. Petersburg. Crosby spent years manifesting the concept for her shop, Roots of the Sun, along with her co-owner Jake Galles. The two settled on the area because of its large herbalist community.

The new herbal apothecary is off of Central Avenue and 21st Street N., the first of its kind in St. Petersburg. Crosby and Galles will introduce a line of chakra teas and host monthly workshops to teach what chakras are.

“I love that she loves Florida and the community more, Crosby and Galles decided that a tiny home would be the right move. Crosby and Galles decided that a tiny home would be the right move. Crosby and Galles decided that a tiny home would be the right move. Crosby and Galles decided that a tiny home would be the right move.

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Small Livin’: The St. Pete Eco-Village hosted the first Tiny Home Festival on April 1. Crowds flocked to see small-scale living on display.

By Whitney Elfstrom
welfstrom@mail.usf.edu

Local business plants herbal roots in St. Petersburg

By Corey Mapp
cmapp@mail.usf.edu

From a sickly childhood to attending a college that didn’t advocate natural health, local business owner Destini Crosby now shares her knowledge of holistic health with downtown St. Petersburg. I was sick all the time. I always got colds, strep throat and physically have the connection to the plants,” said Crosby. Crosby said while streamlining his guitar. “In a city where you can bike everywhere, I don’t see why anyone would drive.”

Scattered around Granger’s home was a keyboard, an electric guitar and an acoustic guitar. As a local musician, Granger felt it was important for his tiny home to be a welcoming, creative space that allows him to work on his music. Granger discovered his tiny home at an intentional living community, a planned residential community designed with social cohesion in mind, and with the help of a few friends he was able to transform the once-gray home into a sea of color. The smallest home belonged to Liza Bailstein, 28, and her husband Hal, 56. They met at Florida’s warm weather.

Despite the distinct lack of room, the little home managed to give off a welcoming aura that stayed with those who entered. People slipped into the tiny state of mind while munching on queen Creek granola and standing in line to check out the tiny homes. Guests were also fond of basking in the sun and wandering through Eco-Village’s community garden. The 10 homes on display ranged from 40 to 234 square feet. The quarters may have been small, but the owners were mighty.

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Review: Drake’s “More Life” deserves a poor life
day would be added as a new recovery
day.

Graham says that the ultimate goal is for no food on campus to be wasted. With more volunteers and more time, she thinks that they can achieve this. But for now, she’s simply grateful for all the people who show up and help make a difference.

“It’s such a testament to the fact that people care. In today’s political climate, people are so hopeless sometimes. But people do care,” Graham said. “This is something that’s been going on for years. The tradition is ingrained into our culture.”
Society’s dress codes are just plain wrong

By Nicole Carroll
Sophomore Criminology major
ncarroll1@mail.usf.edu

United Airlines is sexist! It specifically targets women and even policies what children wear. According to the company, females wearing leggings are inappropriate but men wearing shorts are not. Or at least that’s what the internet wants you to think. Twitter users have run with this conclusion since Shannon Watts tweeted about an incident where a ten-year-old girl was made to put on a dress and two other teenage girls were barred from flying because they were wearing opaque leggings. Watts criticized United for this action especially since their father was wearing shorts that were two to three inches above his knee but was allowed to board the plane. Another Twitter user, Patricia Arquette, further criticized United by saying “leggings are business attire for 10-year-olds. Their business is being children.” It was later revealed that the individual was using buddy passes, which are passes guests of airline employees get access to. The lack of this crucial piece of information led to people speaking out against United. We, the known news outlets like The Washington Post crafted headlines such as “Two girls barred from United flight for wearing leggings,” further igniting public outrage. Most people tend to base their opinions solely on headlines and don’t bother reading further into articles. Once it was revealed that the family was taking advantage of the buddy pass program, people failed to take that into consideration. Having a buddy pass means that the family either bought their tickets at a greatly reduced price or they flew for free. On any airline, these passengers are held to a different standard than regular paying customers because they are deemed representatives of the company. These types of passengers are made aware that they have to adhere to stricter dress codes and guidelines in a contract. United Airlines specifically states that spandex clothing is inappropriate and shorts are appropriate as long as the shorts are no more than three inches above the knee. People can’t attack United for this policy as it’s all they want, but other airlines have similar policies. Alaska Airlines prohibits exercise clothing and American Airlines ban sleepwear and clothing that is “overly revealing.” I believe that this is an issue greater than any airline. This is an issue about society. Society needs to redefine what’s appropriate for females to wear. Especially since leggings are now seen as normal, casual wear. Our society also has a tendency to sexualize women and youth, especially in the media. TV shows like “Toddlers & Tiaras,” and commercials like the Three-Way burger from Carl’s Jr. help to perpetuate the sexualization of young girls and women. To stop future incidents like this from happening, our culture needs to be reevaluated. We need to stop sexualizing youth and promoting that it is appropriate to show off your body parts and sexualize the opposite of all these things. As a practitioner of the paleo diet for nearly two years, I can tell you that it has made me healthier now than I’ve ever been. I purchase only grass-fed red meats, hormone and antibiotic free poultry and organic, non-GMO, seasonal produce. In addition, I support companies that provide humane living conditions for animals. Those items are the foundation of my diet, but the largest impact of my commitment has been the removal of nearly all processed food items from my daily life. I don’t regularly consume the copious amounts of chemicals, hormones or genetically modified ingredients found in processed foods. Another argument against the paleo diet is that we should not consume as much meat as the paleo lifestyle promotes. I eat vegetables with every meal and sometimes those meals don’t include meat at all. The majority of my meals are plant-based because of the self-proclaimed plant-based and vegan recipes found online. The base of nearly all plant-based and vegan meals include processed grain, legumes or pasta. Generally speaking, pastas and grains have minimal nutritional value and are accompanied by a large caloric value. It’s a myth that paleo diets are too high in calories. If you substitute the caloric value of a moderate amount of animal protein with the caloric value “of a cup of pasta, they are pretty similar. Plus, the nutrients and vitamins obtained from meat are much greater than that of processed wheat, the most common ingredient in pasta. Prior to switching to paleo, I was constantly battling hormonal imbalances, always tired and my menstrual cycle was irregular. I also had irritable bowel syndrome. Losing 50 pounds was a nice bonus, but overcoming the other factors was much more valuable to me. It took two years to get to this point and included a combination of regular exercise — mostly yoga. I still drink alcohol once a week, sometimes more if there’s a special occasion. Every now and then I eat a burger and feel good about it when I do. While I can’t say that any one diet is better for everyone, I can say that a paleo lifestyle is what makes the most sense to me. My version of the paleo diet is to just eat real food. Food doesn’t require a large amount of processing to consume, and making sure the majority of my intake is coming from plants. You don’t have to “eat like a caveman” to achieve optimum health. Who’s to say optimum health is a universal factor? Eat to nourish your body, improve your physical health and enhance your mental well-being.
The Crow’s Nest accepts letters to the editor. All submissions should be no more than 250 words. Writers must include their full name. In addition, USF faculty should include their title, department and extension. All letters are subject to editing for clarity and length. Letters can be sent to drodriguez7@mail.usf.edu with subject title “letter to the editor.”

**Corrections:** The interim District Director’s name is Steven Cary.
Elegant blossoms and bouquets breathed new life into the collection of artwork at the Museum of Fine Arts. The event celebrated the unique perspective flowers provide to artistic classics.

The museum hosted its 20th annual Art in Bloom event over the weekend, inviting artists to reimagine 40 works from its collection. Professional florists, hobbyists and members of the Margaret Acheson Stuart Society, a membership organization that supports the museum, submitted creative floral arrangements.

In a welcoming homage to spring, the floral arrangements made for a refreshing take for visitors to tour the standard collection. Barbara Kirkconnell, an auditor for an art history class at USF St. Petersburg, crafted an arrangement inspired by Guillaume Voïriot’s “Portrait of Monsieur Gilbert Desvoisins, Councillor of State in Ordinary.”

She was given around 20 works to choose from and chose Voïriot’s classic portrait as her No. 1 choice. Kirkconnell, 70, said she had six weeks to create. She said she started with lace.

“I chose this piece because there is a wide variety of items to interpret,” Kirkconnell said. “You need to look for things that inspire you and that people will recognize.”

Kirkconnell said that if the viewer squints their eyes, they could see the lace in the painting first. She incorporated a similar color in the arrangement.

She has created arrangements for the annual event for the past 10 years, as part of the Garden Club of St. Petersburg. Kirkconnell said that the arrangements bring a new perspective to viewers in the museum.

“These expressions take a painting and turn it into something new,” Kirkconnell said. “Maybe it can help someone understand the work more.”

One artwork proved difficult to convey through the medium of floral arrangements. Claude Monet’s “Houses of Parliament: Effect of Fog, London” is a cascade of blue fog distorting a profile of towers in the distance. Patricia Carey, an alumna of USF’s Tampa campus, approached her floral arrangement in a Japanese style called Ikebana. Its art form prioritizes spacing to illicit a feeling of a closeness to nature. Carey said that she had been asked by visitors how she interpreted such an impressionistic painting.

“I love impressionism, nature and soft muted colors,” Carey said. “Blue is my favorite color.”

Beginning there, she took a spathe from a coconut palm and contrasted it with dark blue magnolias. The magnolias stand vertically at varying lengths to signify the towers behind.

“I wanted to give the viewer my interpretation, and wanted them to see how I expressed myself through the work,” Carey said.

This year, Carey said she saw a lot of literal interpretations of the artwork. She graduated USF with a master’s degree in arts. Now, she is an at-home social worker with BayCare Homecare.

Carey works with Ikebana International and attends its meetings at Chapel on the Hill in Pinellas. She took lessons in the Ichiyo style but said that there is a lot of different schools in Ikebana.

On Sunday, April 2, the floral arrangement artists stood by their creations, greeted visitors and discussed their work. Terry Carter, from Carter’s Florist, has designed floral arrangements 35 years but has only worked for Carter’s for six months. In fact, Carter said that the owner of Carter’s name is also Terry Carter.

Carter’s floral arrangement took inspiration from James Week’s “Untitled” work. He replicated the colors and aesthetic of the work heavily.

“I shot for something that the artist would have included if he had a bigger canvas,” Carter said. The heavy pinks, white and blues stood tall and beautiful next to the painting of the bikini-clad woman and two dogs.

The floral arrangements only survive for a few days, adding to the transience and beauty of the work. For that reason, the exhibit only ran from April 1 to April 3. The annual event has been celebrated for 20 years and consistently draws crowds of spectators excited to discuss the transition of artistic mediums.